

## RESOURCES FOR SENIORS IN NEED

Local nonprofits and other social services offer help for families dealing with age-related issues.

### **2-1-1 Texas**

Dial 211 | [www.211texas.org](http://www.211texas.org)

- Free, anonymous social service hotline available 24 hours a day, 7 days a week, 365 days a year, state-wide.
- Search available resources in your community for food, housing, crisis counseling, substance abuse treatment.

### **Adult Protective Services**

1-800-272-3900 | [www.dfps.state.tx.us/](http://www.dfps.state.tx.us/)

- Elder abuse prevention resources.
- Report abuse, neglect or exploitation.

### **AGE of Central Texas**

512-451-4611 | [www.ageofcentraltx.org](http://www.ageofcentraltx.org)

- Caregiver Resource Center – offering information, material, and consultation.
- Caregiver U. – educational classes for caregivers offered in Georgetown.
- Early memory loss program.
- Adult Day Health Centers in Travis and Williamson counties.

### **Aging and Disability Resource Center**

1-888-622-9111 or 512-916-6062 | [www.aacap.org](http://www.aacap.org)

- Help with understanding options and connecting with needed services and support.

### **Alzheimer's Texas**

512-241-0420 | [www.txalz.org](http://www.txalz.org)

- 24/7 helpline.
- Education and training.
- Care consultations.
- Support groups.

### **Bluebonnet Trails Community Services**

512-869-2650 | [www.bbtrails.org](http://www.bbtrails.org)

- Community and mental health resources for Central Texas residents.

### **Capital Area Agency on Aging**

512-916-6062 | <http://www.capcog.org/divisions/area-agency-on-aging>

- Plans, develops and provides a coordinated system of services designed to promote independence for persons 60 years of age and older.
- Services include benefits counseling, caregiver support, care coordination, health and wellness, information, referral and assistance and medication screening.

### **The Caring Place**

512-943-0700 | [www.caringplacetx.org](http://www.caringplacetx.org)

- Emergency financial assistance.
- Temporary shelter and transportation.
- Meal assistance programs.

### **Elder Care Locator**

800-677-1116 | [www.eldercare.gov](http://www.eldercare.gov)

- Nationwide online service.
- Connects elders and their caregivers with trustworthy local support services.
- Public service of Administration on Aging.

### **Faith in Action Georgetown**

512-868-9544 | [www.faithinactiongt.org](http://www.faithinactiongt.org)

- Free transportation for medical, dental, and personal care appointments, and grocery shopping (cannot transport wheelchairs).
- Handyman services.
- Care calling/home visits.
- Medical equipment closet.
- Community education.  
(*A Matter of Balance* fall prevention)

### **Family Eldercare**

512-450-0844 | [www.familyeldercare.org](http://www.familyeldercare.org)

- In-home care.
- Caregiver support.
- In-home counseling.
- Service coordination.
- Money management.

### **Lone Star Circle of Care**

1-877-800-5722 | [www.lscctx.org](http://www.lscctx.org)

- Medical services located in Georgetown.
- Dedicated senior care clinics.
- Accepts all patients regardless of insurance status or income.
- Low cost, high quality dental clinic in Georgetown. Call direct at 512-864-1445.

### **Meals on Wheels / Opportunities for Williamson & Burnet Counties**

512-763-1400 | [www.opportunitiesforwbc.org](http://www.opportunitiesforwbc.org)

- Hot, home delivered meals five days a week.
- Congregate meals program at senior centers.
- Utility assistance.

### **Silver Shields**

512-930-2747 | email [Linda.Lipscomb@georgetown.org](mailto:Linda.Lipscomb@georgetown.org)

- Georgetown Police Department community service program.
- Senior safety and community information classes.
- Home safety checks.
- Personal safety and wellness calls (RUOK).
- Specialized referral services.

### **Sun City Helping Hands**

- Loans medical equipment and baby items (based on availability) to Sun City residents on a temporary basis. Call the following:
  - Maria Wagner, 512-864-0641.
  - Janet Liem, 512-868-8658.
  - Shirley Worth, 512-943-4110.

### **Support Groups**

- See the Support Groups page in each month of Sun Rays magazine.

### **Texas Health and Human Services**

1-855-937-2372 | <https://hhs.texas.gov/services/aging>

- Access to services facilitating independent living.
- Help understanding state and federal benefits and legal rights.
- Services for caregivers.
- Assistance in qualifying for assisted-living facility care, daytime programs or nursing home services.
- Guidance for long-term care services.