

Kitchen Talk

Sun City Texas Pickleball Club Newsletter

June

FROM YOUR SCTPC PRESIDENT



Spring has sprung and I feel I've missed most of it as I've been traveling. However, I hear that the training classes and leagues have been going well as we head into June. With June, we will be heading into the summer "warm" months and that means we should be all careful to stay hydrated when we are out on the courts. June also heralds the National Senior Games being held in Birmingham, Alabama. So, I want all of our Sun City members who are participating in the Senior Games to know that those of us back here in Georgetown will be cheering for them during the weeks of June 2-15. Good Luck!

Then shortly after our heroes return, the club is planning an ice cream social. One of my favorites. In fact, I'm thinking of going as

me, myself, and I so that I can have extra servings. But don't tell anyone, OK? See you on the courts, Hutch

NEXT GENERAL SUN CITY TEXAS PICKLEBALL CLUB MEETING IS WEDNESDAY, JULY 12, IN THE JARRELL/WALBURG ROOM AT COWAN CREEK - 1:00 PM.



CLUB ANNOUNCEMENTS PADDLE DEMO DAY



Don't forget to come out to the courts on Saturday, June 3rd sometime between 9:00 am and 3:00 pm to try out various paddles, grab some food and possibly win some terrific prizes. All proceeds from Raffle Ticket sales will benefit The Caring Place Food Bank.

For more info, contact Pat Hall - 512-869-5156.

GOOD LUCK TO OUR 2017 NATIONAL SENIOR GAMES PARTICIPANTS

Good luck to the following people who are making the trek to Birmingham, AL to participate in the 2017 National Senior Games:

> Kathy Carr Chuck Flanagan Nancy Grafton Larry Hudson Joe Lish Barb Patterson David Persilver Bill Treadway Jack Warner



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Sun City Texas Pickleball Club

CLUB ANNOUNCEMENTS - CONT'D ICE CREAM SOCIAL



Sunday, June 25th be sure to head down to the courts for our 2nd Annual Ice Cream Social outside of courts #5 and #6. You will need to register 1st so we know how much of each kind of ice cream to buy. This is a FREE event for our members - so come on out and enjoy some sundaes, root beer floats, etc. on a hot day! Click here to register - **Ice Cream Social.**

RULES AND REGULATIONS CHANGE

Your SCTPC Board recently updated our Club "Rules and Regulations." One big change was to the policy concerning **guests of club members playing during "Club Hours:"**

Family and friends staying with Club members may play with the Club members present. (Exception – young children or adults who do not know how to play.)

Family and friends of Club members who live within a hundred miles of Sun City can play with club members once a week. (Exception – young children or adults who do not know how to play.)

Club "Rules and Regulations" in their entirety can be found here - Club Rules & Regs

BALL MACHINE "OPEN REQUEST" POLICY ADDED

A policy for using the Simon and the Pickleball Tutor is being implemented for a trial period during June. To learn more about how you can easily use the ball machine without a prior reservation, click **Ball Machine Info**



WELCOME NEW MEMBERS



Glenda Baltzer Richard Billows Mark Cawthon Arnold DeGroot Gene Edwards Ronald Franklin Julie Greenberg Gary Holliday Heidi Holliday Bob Hoskins Vickie Hoskins Barbara Kelly David Kelly Bill Rogers Glenda Rogers

MISSING ANYTHING?

Did you leave your sunglasses, water bottle, visor, towel, paddle, or some other precious pickleball paraphernalia at the courts recently? All you need to do is check the lost and found shelves in the tall storage cabinet on Court #2 to see if your item is there.



JUNIOR CAMP



Sun City junior campers will be learning pickleball on our courts on Wednesday, June 14th and Wednesday, June 21st. They will be using courts 1-4 (courts 5 & 6 will remain open for members during this time.) If you'd like to help with either of these sessions, please contact Janice Cozart janicehcozart@gmail.com



Sun City Texas

LEAGUES & TRAINING

LEAGUES RESULTS

The Spring Leagues top three placements per group are listed below. The **full results** are on the website and posted on the bulletin board.

Beginner:

- 1) Joanie Davis
- 2) Russell Callarman
- 3) Bobby Johnson

Intermediate:

- 1) Billy Blackman
- 2) Stan Rubin
- 3) Jake Hrobsky

<u>Advanced</u>

- 1) Scott Brady
- 2) Charles Desa
- 3) Al Panetta

INTRO TO PICKLEBALL CLASSES

Classes are scheduled twice a month on Saturdays from 3:00 to 5:00. Classes are currently scheduled for June 17 (class is full), June 24 (2 openings) and July 15.

BEGINNER MENTORING

Classes have just completed and the next group of classes have not been scheduled.

BEGINNER SKILLS AND DRILLS

There are still two classes remaining for Beginner Skills and Drills from 1:00 - 2:00

06/01 - Lobs

06/08 - Overhead, Defend Smash, Dropshots

INTERMEDIATE TRAINING

Next class is scheduled to run for 7 consecutive days (June 17-24) for 2 hours per day (1 - 3 pm) on Courts 5 and 6. **In order to participate in this class, you must commit to being able to attend all 7 sessions.** Class size is limited to 12 participants and there are a couple openings for this class. If you are interested in this class or would like to be put on a waitlist for futre classes, please review the minimum prerequisites:

1) Participants must have completed the Beginners' Mentoring Program (waiverable), played pickleball in Sun City for at least 6 months, and participated in the Club's Intermediate League.

2) Should know 100% of basic rules

3) Can execute basic shot strokes (serve, forehand, backhand, volley, dink, lob, overhead)

4) Can maintain slow-paced rallies with players of equal ability

- 5) Can routinely get to the NVZ to hit volleys
- 6) Are strategic about how and where to hit the ball
- 7) Understand court coverage
- 8) Can work with his/her partner to win a point

ADVANCED TRAINING

Will Saunders is conducting advanced training. Next class will be scheduled soon. There is a wait-list for these 4-member classes.

FOR MORE INFO OR TO SIGN UP

If you are interested in any of the training classes, please send an email to Peg O'Toole, Director of Player Development, at jgmlo@yahoo.com. Issue 6 | Volume 3 | 20



Sun City Texas Pickleball Club

TOURNAMENT RESULTS

The **Louisiana Senior Olympic Games** was held on 4/22 - 4/23.



Chuck Flanagan and Larry Honeycutt - Gold, Men's Doubles



Elaine Brogden and Chuck Flanagan - Silver, Mixed Doubles

The <u>Cedar Park Paddle Battle</u> was held on 5/11 - 5/14.



Sandy Piland and Alice Bower - Bronze, Women's 3.0 Doubles



Mary Payne and Claudia Guzman - Bronze, Women's 4.0 Doubles

The **SSIPA Circuit Event/ Robson Ranch Denton,TX** was held on 5/9 - 5/11.



Steve Timmons and Jim Brown - 1st Place - Men's 60+ 4.0/4.5 Doubles



Jack Warner and Kay Seamayer - 1st Place, 75+ 4.0 Mixed Doubles



Kathy Carr and Barb Patterson - 1st Place -Women's 60+ 4.0/4.5 Doubles



Jim Brown - 2nd Place, Men's 60+ 4.0/4.5 Singles



Steve Timmons and Barb Patterson - 1st Place, 60+ 4.0/4.5 Mixed Doubles



Official Pickleball Tailgating!



Jim Brown and Jo Honeycutt - 2nd Place, 60+ 4.0/4.5 Mixed Doubles



Robson Ranch Courts



PICKLEBALL CRUISE

I Will Never Complain About the Wind in Texas Again!

By Nancy Grafton

The sea was calm as Clark and I shared a drink with several other Sun City Pickleball Club members and watched the Miami skyline fade way. We had officially embarked on what was to be a unique adventure – a pickleball cruise throughout the Caribbean. Of the 4,500 passengers onboard the MSC Divina, only 50 of us were registered for a week of pickleball clinics and personalized instruction with the renowned "Coach Mo" from the Villages in Florida and his assistant, Matty. We greeted the sun with squinted eyes and were playing pickleball on Deck 16 at 7 am before Coach Mo and his assistant, Matty, conducted daily clinics starting at 8 am. A tennis/basketball court was taped off and a "reserved" sign was posted to secure the court for us from 7 am - 4 pm daily. After each morning's clinic, which seemed to always stretch beyond the original 60 minutes, Coach Mo and Matty would hang around and coach as we played games. No, there were no "you hit it, you get it" jokes about the ball going overboard as the court was covered with netting, and if an occasional ball got out through the entryway, curious passengers were always standing and watching to find out what this game of pickleball was all about and gladly retrieved errant balls for us. We covered so many different drills and strategies, but the overlying theme was consistent with Coach Mo's high-percentage playing philosophy. He advised that we change the pace of the game by developing consistent skills: incorporate deep serves, deep returns, dinks, and drop shots. It's all about placement and shot selection and giving your opponent less time and yourself more. Mastery, of course, requires practice. Besides hearing and seeing the coach in action, we practiced with drills and played points against Coach Mo and Matty. We were also given a DVD, Pickleball Clinics to take home. Well,

as I mentioned, the sea was calm, but for several days, the wind across the balcony on the 16th deck combined with the ship's speed that averaged 23 knots (26 mph) made play quite challenging. It is with this experience that you will never hear me complain about the wind in Texas again.

One morning the Captain came down from the bridge and joined Coach Mo and two volunteers to learn the game of pickleball. Being a tennis player, he got right into the game, although he seemed to breach the NVZ more than once for a put away – and Coach Mo helped with the scoring – always a challenge to anyone new to the game – and even a few of us veteran players.

Did we do anything besides play pickleball? Well, it was a cruise ship and we did visit ports of call in Jamaica, the Cayman Islands, Cozumel, Mexico and the Bahamas so there were shore excursions for those who wanted to step ashore for several hours, but more than enough activity to keep you busy on board all day and night (well, at least for the younger folk). Food, drink, entertainment, classes from Zumba to language to cooking. By the end of the week, our Fitbits had registered footsteps by the thousands – either playing pickleball, or trying to find our way around the Divina. The week went by quickly, but we eagerly looked forward to getting back to Sun City to practice, practice, practice.

And the best news of all – we talked with Coach Mo about coming to Texas to conduct a clinic. We'll keep you informed as to date/time/location/price.

There were eight of us from Sun City: Al and Sandra Eyster, Clark and Nancy Grafton, Toni Briggs and Kathy Carr, and Kirby and Nancy Boston. It was fun getting to learn more about each other during that week of sharing evening meals and talking with other "picklers" from throughout the continental U.S., Alaska and Canada.



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PICKLEBALL CRUISE PHOTOS



MSC Divina Captain, Coach Mo and Matty









FROM YOUR DISTRICT USAPA AMBASSADOR



LET'S HAVE FUN!

By Chuck Flanagan

l recently re-read an article in the December issue of "Pickleball Magazine"*

that really impressed me and I think will help all of our games. The article is, "Playing With Your Spouse", by Jim Hackenberg. Now, not all of us play with our spouses but we do mostly play doubles and the same principles apply. In the article, Jim relates a story Stephen Covey ("7 Habits of Highly Effective People") shared about his son and soccer team. I think this applies to all of us just as it did to his son. The concept is simple; what are our goals?

"1. Let's try to win; try your hardest.

2. Let's have fun; it's a game.

3. Let's encourage one another. Be supportive of your teammates.

4. Let's take something from the game that we can learn in order to improve."

Every time we step onto the court we should want to win and should do everything we can to help our partners play their very best. Grimaces, frowns, and reminding them that they just hit the ball into the net...again...for the fourth time...won't help. They already know that and feel bad enough. Your reminding them...again...only encourages them to dwell on it and miss the next one...again. Take every opportunity to encourage your TEAMMATE; your success depends on how well you play together.

Remember, "Let's have fun; it's a game."

CEDAR PARK PADDLE BATTLE

Wow! What a great tournament! Tim Dean and the Cedar Park staff did it again. And the best part was that so many players decided to choose this one as their first entry into tournament play. Everyone had a great time and we had a chance to watch some of the very best players around battle it out for some truly unique medals (tiny paddles, laser carved from cedar wood).



This tournament also provided a last minute opportunity for our own Mary Payne to be evaluated by a USAPA Referee Evaluator (Paula Handrup) and become a Certified Referee.

Congratulations, Mary!

Speaking of referees and the Cedar Park tournament, the tournament would not have been anywhere near as successful as it was without the help of all the Sun City volunteers pitching in to referee games and serve as line judges. Some members even came on the days they weren't playing just to help. Tim and I both thank you very much!

* "Pickleball Magazine" is now available at Barnes & Noble bookstores



SEEN AROUND THE COURTS



Who knew that Chuck Flanagan would be running a Referee Training Class the same day certain players were celebrating "Cinco de Mayo" at the courts? Chuck will know better next year!





US OPEN PICKLEBALL CHAMPIONSHIPS

By Barb Patterson

I recently returned from a week of "pickleball on steroids" at the US Open in Naples, Florida. Some 1300 players, scores of vendors, along with thousands of spectators, flooded the 48 courts at East Naples Community Park. A newly-covered stadium court is surrounded with box seats, a VIP section and stands for spectators. Pickleball Channel live streams many of the matches on the stadium court. And of course, the Pro finals were broadcast on CBS Sports in May.

There were days filled with "Age Division" matches, others with "Skill Division" matches; for Women's Doubles, Men's Doubles, Mixed Doubles and Singles. And then there were "Pro Division" and "Senior Pro Division" matches each day too. It was great to see the highest level of play up close and personal. But I must admit, it was overwhelming to wake up each morning, pull up the draw sheet for my level on PickleballTournaments.com and realize that there were 46 or 50 or 56 teams in my bracket! I came away with a renewed desire to practice more!

Next year, the US Open planners are estimating that over 2000 players will participate in this event. It's lots of fun and I'd recommend going if you get a chance, just to experience the atmosphere and see some great play.

To watch a short, but terrific, Pickleball Channel video from the event, click **US Open Video** (you may just see some people you know if you watch closely!)

"BE A GREAT REPRESENTATIVE OF THE SPORT. BE A PERSON THAT EVERYONE WANTS AS A PARTNER."

JEFF SHANK, 5.0 PLAYER, US OPEN MEDALIST AND PICKLEBALL INSTRUCTOR



MAINTENANCE REPORT

Name Sob Classer				No. 74, Sec.
North	\$249.35			R
Total Raimbursement Due				
Date	Location	Description / Activity	Date Completed	Amount
3/14/17	Court #3	Replaced temporary cable on Court #3 with new cable previously purchased by the CA maintenance folks.	3/14/17	N/A
3/17/17	Court - All	Net with CA maintenance folios to request/coordinate tables, trash and recycle cars and los for upcoming tournament.	3/17/17	NIA
3/21/17	Court - All	Attended waik through pickleball courts and area with the CA property and grounds folks - CA made a list of items they will address which include cracks in courts, potential bicycle rack, thee trimming, etc.	3/21/17	N/A
3/25/17	Court - All	Checked/replaced ties on various windscreens that had broken during wind.	3/25/17	N/W
3/29/17	Court - Al	Larry Hudson checked and adjusted net heights.	3/23/17	N/A
05/17	Court - All	Checked/replaced ties on various windscreens.	4/5/17	N/A
1/7/17	Court - #5 & #6	Purchased 180' of heavy duty flat refer webbing, 2" wide, bright yellow. This flat webbing will be used in the training classes in lieu of marking the courts up using chaik.	4/7/17	\$134.46
1/27/17	Court - All	Chuck Flanegen adjusted the top of the net pole cap so that the net cable would be in better alignment and sit in the groove on the cap.	4/27/17	N/A
4/28/L7	Court - #5 & #6	Purchased 4-14" metal plant cacilies from Home Depot and put the backets/adjustable poles used for training classes on them.	4/28/17	\$95.17
5/7/17	Court - All	Larry Hudson the fixed and adjusted net heights.	5/7/17	N/A
5/13/17	Court - All	Checked/replaced lies on various windscreens.	5/13/17	N/A
5/13/17	Court #2 First Aid Kilt	Reatooked lot with instant ice packs, pause pack and bendages purchased at Waigneens. These supplies were used for an applient that occurred on Sunday 5/7/2017	\$/13/17	\$19.72
5/15/17	Court - #4	Placed some old pickleballs over the exposed boits that were a tripping hazard after the bleachers were borrowed for the golf bournament.	5/15/17	N/A
		Total Reimbursement:	Total Reimbursement:	\$249.35



The Tourney Drill Group spent some time at Wriggley's thanking Chuck "Pop That Puppy" Flanagan for all of his hard work and dedication to helping members become better players.





JOKES AND FUN STUFF!



FOR A PICKLEBALLLOSSP



MORE JOKES AND FUN STUFF!

What is Celibacy?

Celibacy can be a choice in life, or a condition imposed by circumstances.

While attending a Marriage Weekend, Frank and his wife Ann listened to the instructor declare, "It is essential that husbands and wives know the things that are important to each other."

He then addressed the men:

"Can you name and describe your wife's favorite flower?"

Frank leaned over, touched Ann's arm gently, and whispered, "Gold Medal All-Purpose, isn't it?"

And thus began Frank's life of celibacy.



THAT FIRST DAY

You said you saw me open the door, You heard me ask, "What's going on? What is this?" You said, "This is Pickleball." I said, "This is love at first sight!" And love it is. Before that first day, I felt an old, chubby, bored 71 years old. Six months later, 20+ pounds lighter, new friends, lots of laughter and definitely not bored. Result....I feel a young 71 years old. Sandy Kraus (submitted by Peg O'Toole)

2017 SCTPC BOARD MEMBERS AND MANAGERS

President - Hutch Vice President - Bill Chalmers Secretary - Judy Blackman Treasurer - Kathy Goodall Player Development Director - Peg O'Toole Communications Director - Barb Patterson Maintenance Manager - Bob Cleaver Pickleball Machine Coordinator - Lee Miller