

Kitchen Talk

Sun City Texas Pickleball Club Newsletter

April

FROM YOUR SCTPC PRESIDENT



Let me start by acknowledging Jack Warner. As you all are probably aware, Jack has requested to step down from the club's presidency as he continues to recover from his recent illness. I know he has come out to the courts occasionally and if you see him, say "Hi" (and tell him his wife said not to play pickleball - well, I think that's what she said.)

I would also like to welcome our new Vice President. Bill Chalmers has accepted the Board's invitation to step into the VP role and we are looking forward to working with Bill. So, if you see Bill, tell him congrats. I also wanted to let everyone know that I've been working hard with the CA to put in a beer, wine and

soft drink kiosk at the courts. It looks like we've finally come to an agreement and it should be installed in time for the upcoming tournament. My only request, is that y'all drink responsibly and not throw up on the courts (it really does leave a mess). So, if there are any other great suggestions like this that the board can act on, let us know.

Happy April and let's have fun out there.

Hutch

P.S. Sorry, I couldn't resist.....the kiosk is an April Fools joke.....

APRIL FOOL'S DAY

THIS IS THE DAY UPON WHICH WE ARE REMINDED OF WHAT WE ARE THE OTHER THREE-HUNDRED-SIXTY-FOUR.

(MARK TWAIN - 1894)



CLUB ANNOUNCEMENTS



HELP RONALD MCDONALD HOUSE

Don't forget - save your can pop pull tabs to help Ronald McDonald house. You can deposit your tabs in the container to the left of the paddle rack by court 4. If you have collected several at home, you can also give them to Hutch.

The aluminum tabs will then be sent to the Ronald McDonald House Charities to keep families with sick children close to each other and

provide them with the care and resources they need.

If you're interested in reading more about how the Ronald McDonald House Charities helps families, you can go their website: http://www.rmhc.org/

BLOOD DRIVE

Our club members have been invited to give blood on Tuesday, April 11, 2017 by the Social Center from 8:00 am to 2:00 pm.





LOST AND FOUND

Did you leave your sweatshirt, hat, sunglasses, paddle or other stuff by the courts? Please check the "Lost & Found" cabinet on Court #2 to retrieve your belongings.



CLUB ANNOUNCEMENTS CONT'D.



PLAYERS STILL NEEDED!

From Tim Dean, Tourney Director for the Cedar Park Paddle Battle to be held Thursday, 05/11/17 thru Sunday, 05/14/17:

"We need really need MENS 3.0 teams. Also have several spots for MIXED 3.0 teams. Come on SUN CITY !!!!!"

Men's Doubles 3.0 - need teams

Men's Doubles 3.5 - FULL

Women's Doubles 3.0 - FULL

Women's Doubles 3.5 – 4 team slots left

Mixed Doubles 3.0 - ½ full STILL NEED TEAMS

This is your chance to enter a fun, close-to-home tournament. Plus you'll have lots of Sun City folks there to cheer you on! Click here to register: Paddle Battle

GOOD LUCK!

To all members of SCTPC who will be playing in the Texas Senior Games next week - GO GET 'EM!





FACEBOOK

If you're on Facebook, check out some great pages here:

Sun City Texas Pickleball Club - https://www.facebook.com/SCTXPickleball/

Mid-South Regional USAPA - https://www.facebook.com/midsouthusapa/

Austin Area Pickleball - https://www.facebook.com/austinpickleball/

Texas Pickleball - https://www.facebook.com/txpickleball/



QUARTERLY MEETING MINUTES



Meeting Minutes

HELD 03-13-2017 AT COWAN CREEK

Call to Order – a quorum being present, the meeting was called to order by Bob Hutchins

Welcome Remarks – Hutch introduced himself and explained due to health reasons, Jack Warner resigned from the office of President. According to the Pickleball bylaws, the Vice President, if he agrees, can move to the office of President. Bob Hutchins has agreed to be President of the Sun City Texas Pickleball Club.

Minutes from November 9, 2016 – the minutes from the November 9, 2016 board meeting were approved.

Officer Reports:

<u>Vice President</u>, Hutch, gave membership report – as of 3-01-2017, there are 101 new members combined with the renewing members totaling exactly 500 members. Peg O'Toole stated 34 new members went through the "Introduction to Pickleball" class, and we are on track to have at least 600 members.

<u>Treasurer</u>, Kathy Goodall – Fund balance is \$12,537 as of the end of February. Year to date revenue is \$5,040 and expenditures are \$1,872 resulting in Net Income of \$3,168. A copy of the Treasurer's report is available upon request.

<u>Secretary</u>, Judy Blackman-reported two accidents – 1-25-2017 – player running to return a ball and ran into a chain link fence – cuts to forehead, nose, and arm. 1-30-2017 – running after ball – fell and hit chin.

<u>Director of Player Development</u>, Peg O'Toole – to date this year 52 people participated in the Introduction to Pickleball – 34 joined the Pickleball Club. 98 club members participated in the Winter Leagues. Spring Leagues will begin April 3rd. Peg also gave a report on the training to include mentoring and "Skills and Drills."

<u>Maintenance Manager</u>, Bob Cleaver gave an update on the current status of the court maintenance and informed the members of an upcoming Property and Grounds review of our courts scheduled for March 21.



MEETING MINUTES (CONT'D.)

<u>USAPA Ambassador</u> for our region and southern and eastern United States, Chuck Flanagan, stated the training and development given to our players is by far above and beyond anything that exists in the country.

<u>Communications Director</u>, Barb Patterson – Judy Blackman gave a report in Barb's absence – 100 people have signed up for the April 1st tournament. 150 have bought tickets for the bar-b-que to follow the tournament. Both events are officially closed.

New Business:

<u>Social Events</u> – Hutch gave an overview of the upcoming April 1st tournament and told the members of the Fall October 14 tournament that is scheduled. Hutch also gave a list of past social events and asked for suggestions of other events. Hutch kept a list of suggested events and any volunteers.

<u>Kid's Camp</u> is June 14 and June 21 in the mornings. Hutch asked for volunteers to run the camp and for helpers. Eight volunteers are needed – each age group plays for 30 minutes. Janice Cozart and Pat Hall agreed to run the camp. Wendy D'Entremont volunteered her husband, Ron, to help. Pat Hall, Ron Longino, Kathy Davis, Davis Persilver, and C.J. Jamison also volunteered to help.

<u>New Courts</u> - A member asked for an update on the new courts. Hutch said Pulte has submitted the plans and layout. Chuck Flanagan gave a drawing on the white board and update.

<u>Intermediate Training</u> - Wendy D'Entremont asked if there could be an intermediate A and B because of the wide range of intermediate players. Peg said this was being discussed.

Paddle System - A question came up about the paddle system and Hutch addressed this.

<u>Skills & Drills</u> - Janice Cozart said the "Skills and Drills" have been a tremendous help and hopes they will continue.

<u>Lost & Found</u> - Bob Cleaver mentioned the Lost and Found is full and reminded members to check for items.

Adjournment - John Sena made a motion to adjourn – motion was seconded and meeting was adjourned at 2:25



LEAGUES & TRAINING

"DROP-IN" LEAGUES - 1:00 PM

Beginner - Mondays - start 4/3

Intermediate - Fridays - start 4/7

Advanced - Wednesdays - start 4/5

Drop-in leagues will start April 3 and run for 8 weeks. All you need to do is show up and sign up. First 24 get to play. Sign up begins 30 minutes before start time. There is a random draw for court assignments. Format is round robin - 3 games to 11 points. If you are not sure of your rating, go to the Pickleball club website or check the bulletin board at the courts. Leagues will be from 1:00 to 2:00. **NOTE THE CHANGE IN DAYS FOR ADVANCED AND INTERMEDIATE PLAYERS.**

INTRO TO PICKLEBALL CLASSES

Classes are scheduled twice a month on Saturdays from 3:00 to 5:00.

BEGINNER MENTORING

The next Beginner Mentoring classes will start on Saturday, May 6. This is a four-week program on Saturdays from 1:00 to 3:00. Players need to commit to being present all four weeks.

INTERMEDIATE TRAINING

Intermediate training classes in April are full. There is a wait-list for those who would like to participate in upcoming classes.

ADVANCED TRAINING

Will Saunders is conducting advanced/tournament training. April dates will be determined soon. There is a wait-list for those who would like to participate in upcoming classes.

SKILLS AND DRILLS

Dates for future Beginner and Intermediate Skills and Drills programs will be announced.

FOR MORE INFO OR TO SIGN UP

If you are interested in any of the training classes, please send an email to Peg O'Toole, Director of Player Development, at jgmlo@yahoo.com.



Thanks so much to Peg O'Toole, Kathy Carr and Will Saunders who have spent HUGE amounts of time developing our training programs. And also kudos to our many instructors, assistant instructors, ball machine operators and other helpers who give freely of their time to provide the best FREE pickleball training around! We appreciate all of you!



NEW TRAINING PROGRAMS

(BY KATHY CARR)

Pickleball Club Rolls Out New Training Programs



Over the last couple of years, the club has worked hard to support player development, especially for our beginners.

The Introduction to Pickleball class acquaints residents with the game of pickleball, covering terminology, basic rules of play, equipment and court etiquette. Our Beginner's Mentoring Program focuses on improving basic stroke execution, sustaining rallies with players of equal ability, and

understanding proper court positioning. And our weekly Skills and Drills with Simon and Simone reinforces basic skill competencies. Together, these efforts have paid big dividends in that class graduates are better prepared and more confident to participate in Club Time play. As added benefit, overall pace of play within the club is improved and player wait time between games has been reduced.

While we've made great strides in beginner development, what happens when a club member completes the mentoring program, plays in the Intermediate League and wants to expand his or her understanding of winning doubles strategies? Enter the Intermediate Training Program, recently developed by club members Kathy Carr, Scott Brady, Ron Longino and Bob Cleaver.



This 11-hour program recognizes the fact that the biggest thing holding back intermediate players is not their ball striking skill. Instead, it is their failing to understand smart play. Class focus is on playing smarter, not harder. Players are shown how to reduce unforced errors and to engage in playing percentage pickleball. They are introduced to tactics for various scenarios and strategies for doubles play. Drills are presented to reinforce proper execution of the ready position, serve, return of serve, volleys, dinks, drop shots, soft third shots, half volleys, overheads and lob returns.

Ed Hull lines up for a half-volley return.

In February, Kathy and her crew conducted a beta test with 6 volunteer students. A few minor adjustments were made and the first official class graduated an additional 13 students this past month.

Intermediate Pickleball Training Program Graduates					
Billy Blackman	Barbara Hallmark	Colin Murphy	Christina Torres		
Judy Blackman	Ed Hull	Sherry Murphy	Joe Torres		
Toni Briggs	Joan Hunt	Joe O'Toole	Bev Wilson		
Linda Curfs	Bob Hutchins	Peg O'Toole	John Carter		
Terri Desa	Liz Merrick	Sandy Piland			



NEW TRAINING (CONT'D.)



Participants in Intermediate Training Class # 0001 perform warm up drills. Hey, Sandy, get those feet up to the NVZ line.

Participant responses to a post course survey were overwhelming positive. In it, instructors were recognized for their organization, knowledge and topic coverage. More importantly, when asked if their primary goal for signing up for the class was met, all responded affirmatively. Through word of mouth, the next class, scheduled to start on April 11th is already full with Peg O'Toole accepting names on a wait list for follow on classes.



The April class will be a 7-day immersion program that includes 3 two-hour training classes (Sat, Mon, Wed), 3 one-hour skills and drills sessions (Sun, Tues, Fri) and a 2-hour mini-tournament matched against previous course graduates (Sat). Participants must have completed the Beginner's Mentoring Program (waiverable), played pickleball in Sun City for at least 6 months, and participated in the Club's Intermediate League. Based on self-assessment, candidates should:

- know 100% of the basic rules;
- execute basic shot strokes (serve, forehand, backhand, volley, dink, lob, overhead smash);
- · maintain slow-paced rallies with players of equal ability;
- · routinely get to the non-volley zone to hit volleys;
- try to be strategic about how and where to hit the ball;
- · understand court coverage;
- · work with their partner to win the point

Hmmm. Terri Desa evaluates her options.

For those club members interested in participating in tournaments outside Sun City, another club member, Will Saunders, has developed an Advanced Tournament Training Program. His two 2-hour sessions focus on advanced skills and strategies. Completion of the Intermediate Training Program is a prerequisite for this program. Interested club members should contact Peg O'Toole, Player Development Director.



WELCOME NEW MEMBERS



Welcome to our new members who joined in March:

Lynn Hensley

Terry Kennedy

Vicky Kennedy

Ed McLeroy

Bettye Williams

SPRING HAS SPRUNG!

This is what happens when you hang a camouflage backpack by the pickleball courts and it's the beginning of nesting season!

(Backpack owner - Bob Cleaver, photo credit - Chuck Flanagan)







VOLUNTEERS OF THE MONTH

BOB CLEAVER & RON LONGINO

Ron Longino and Bob Cleaver are fixtures at our SCT Pickleball Courts. If we need people to assist with training, such as running ball machines, being guinea pigs for new training classes, working on court maintenance, etc., then Bob and Ron are the ones to call. When they were asked to assist with planning, organizing, and coaching teams for the Spring April Fools Follies Tournament, they were eager to help in any way they could. Ron and Bob are dependable, enthusiastic, and always ready to go the extra mile. We are proud to have them be our April Volunteers of the Month!



Ron Longino

Grew up in Georgetown, lots of changes since I graduated in 1964.

Graduated Texas Tech in 1969.

Married 49 years to D'Les. We have two daughters and six grandkids.

Spent 3 years full time RV-ing after retiring, then settled in Sun City one year ago.

Having fun.

Bob Cleaver

I grew up in the metro Denver area of Colorado and lived in Colorado Springs since 1994. My working days were spent in the building automation system and temperature control business. It was a great experience and allowed me to travel all over the state of Colorado working on all sorts of projects – hospitals to prisons and everything in between.

Diane and I met each other and were married in 1999 after both of our spouses had died of cancer.

We call these the CRAZY years – combining my 5 children and her 2 children into a family and navigating all of the drama that comes with having 5 girls and 2 boys - ages 7 – 19. We are VERY thankful that this all turned out well and have been through 4 weddings (all girls) and have 7 grandkids.

We were both looking forward to the day when we could start a new adventure. On December 31st, 2015 I retired 15 days after the youngest child graduated from college and we loaded the moving truck headed to Sun City. We arrived in early January 2016 expecting to play golf, go to the gym, ride bikes and explore our new community but then the UNEXPECTED happened. We were introduced to pickleball and have become a bit addicted to the game and the great folks that we have met on the courts. It is such a great exercise alternative to what we had become accustomed to and a lot of fun. I enjoy volunteering and helping with the different classes.

We are very blessed to be a part of this community and our new adventures!



TOURNAMENT RESULTS



Chuck Flanagan and Larry Hudson won silver at the USAPA Mid-South Regional Championships in the 70+ Men's 4.5 Division.



David Persilver and his partner, Joe Guarneri, won bronze in the Men's Doubles 70+ age group at the Mid-America Indoor Pickleball Championships in Hot Springs, Arkansas.



Chuck Flanagan and Larry Hudson brought home bronze medals from the Louisiana State Games in March.



Chuck Flanagan and his partner, Winnie Montgomery, won bronze in the Mixed Doubles 70+ age group at the Mid-America Indoor Pickleball Championships in Hot Springs, Arkansas .



FROM OUR MAINTENANCE DEPARTMENT

Whew! Bob Cleaver and the maintenance gang work hard on our behalf!

Na	me Bob Cleaver			Sun City Texas
Month March 2017 Total Reimbursement Due \$144.05				Pickleball
				Fun, Friends and Fitness
ite	Location	Description / Activity	Date Completed	Amount
4/17	Court - #4 & 5	Installed a SCTXPB club banner at court #4 $$ & 6. Locations were discussed and agreed upon at the $$ 2/4/17 board meeting.	2/4/17	N/A
4/17	Entrance of Court - # 5	Gathered up various rocks and small cobblestones from around the pickleball courts and placed them at the drainage pipe recessed area to provide a visual indication and level the hazard.	2/4/17	N/A
4/17	Court - # 1	Relocated the small clock that was located up under the canopy between courts #2 $\&$ 3 to the west fence of court #1.	2/4/17	N/A
4/17	Court - # 4	Ordered a new clock that had been damaged during an earlier windstorm.	Open	\$38.78
6/17	Common Area Court #4 / 5	Contacted CA maintenance about the lack of lighting after dark - especially after the lights have been turned off on courts #5 & 6 and players are returning to their vehicles.	Open	N/A
6/17	Common Area Court #4 / 5	Ordered 2 solar powered, motion activated LED lights for installation near the foot path. Approval to install these lights were given by the CA maintenance group.	Open	\$54.49
6/17	Common Area Court #4 / 5	Discussed the 2 non-working parking lot lights with CA maintenance. They said they would be working on these lights and that it would help with the lighting issue.	Open	N/A
6/17	Court - # 6	Relocated the long white cabinet from court #4 to court #6 so that all of the training equipment would be located in the same area. The relocated cabinet contains the 2 new portable pickleball nets.	2/6/17	N/A
6/17	Court - # 5 & 6	Purchased a new push broom and squeegee for courts #5 & 6. Installed hooks on them and located them on the fence in court #6.	2/6/17	\$50.78
8/17	Court - # 4	Scott Brady & Hutch Hutchins repaired the fence cross bracing / bracket that had seperated during previous windstorms. Cancelled outstanding CA maintenance request made earlier for same situation.	2/6/17	N/A
11/17	Court - # 4	Installed a new clock that had been damaged during an earlier windstorm.	2/11/17	N/A
11/17	Common Area Court #4 / 5	Installed 2 solar powered, motion activated LED lights for installation near the foot path. Tested operation after dark and they work as expected.	2/11/17	N/A
26/17	Court - All	Replaced ties on various windscreens that had broken during heavy wind.	2/26/17	N/A
12/17	Court - All	Checked/replaced ties on various windscreens that had broken during wind. Set clocks on courts 1, 3 & 6 to correct daylight savings time.	3/12/17	N/A
		Checked/replaced ties on various windscreens that had broken during wind.		\$

SOME HANDY PICKLEBALL EXCUSES (JUST IN CASE YOU NEED THEM)

I never saw the ball. They only hit to my partner.

They were "bangers"; I wanted to dink. They were "dinkers"; I wanted to bang the ball.

It was too windy. It was too sunny. It was too hot.

There was too much glare on the gym floor. There was a crack in the wooden floor.

The lighting was terrible.

My paddle is "dead"; I need a new one.

They were just lucky.

We were using the wrong kind of pickleball. I can't play with Dura/Onix Pure 2/Jugs pickleballs.

They were too tall; if I were that tall, I'd be good too.

I haven't practiced lately.....



JOKES AND FUN STUFF!

John, Lewis, and Bob were construction workers on the Empire State Building, and one day they were sitting on the steel girders about to eat their lunch.

(Just like in that famous photo.)

John opens his lunch box, and he finds a turkey sandwich.

"Not another turkey sandwich! I swear, fellas, if I open my lunchbox tomorrow and it's another darned turkey sandwich, I'm going to jump off of this thing!"

Lewis and Bob are laughing – until Lewis opens his box, and finds a roast beef sandwich. He says, "I'm so fed up

with roast beef! If my wife tries to feed me another one of these, I'm jumping too! I swear!"



"I don't believe it! Another peanut butter and jelly sandwich. Boys, if I have to eat another one of these tomorrow, I'm jumping with you!"

The next day, they're sitting up on the girder again. John opens his lunch box, and it's another turkey sandwich. So he curses out loud, stands up, and jumps to his death.

Lewis unwraps his lunch, and finds that his wife made another roast beef sandwich for him. Inconsolable, he leaps from the steel girder.

Bob's face is grim now, and he's trying not to throw up.

Shaking, he opens his lunchbox and finds a peanut butter and jelly sandwich. Even though he's all alone, he is true to his word and jumps to his death also.

Later that afternoon, the coroner's office calls in the three men's wives so they can collect the bodies of their husbands. Each of them is handed a piece of paper – suicide notes – that were found in their husband's lunchbox.

John's piece of paper says: "It was the turkey sandwich." His wife collapses onto the floor and howls, "If only I made something different!"

Lewis's piece of paper reads: "I'm sorry honey, but I just couldn't face up to another one of those roast beef sandwiches. Please forgive me." She throws the message on the floor and stamps on it.

"That sonofabitch killed himself over a stupid sandwich!? I can't believe it!"

Bob's wife stares at her piece of paper in disbelief.

"I don't understand..."

"... Bob always made his own sandwiches."

(Submitted by Chuck Flanagan)





MORE JOKES AND FUN STUFF!



Did anyone see triple in early March in Sun City? That's because those "Martin sisters" were all reunited on our Pickleball Courts!



From this month's Reader's Digest (submitted by Maria Sena)

After retiring, I took up substitute teaching. One day, I asked my fourth graders to guess my favorite sport. It happens to be pickleball, which might explain why they weren't having any luck. So I offered this hint: "it starts with the letter p." They threw out: pool, poker, ping-pong - none of them correct. Then one boy insisted he had the answer: "Pole dancing!"

Nancy Regan, Harre de Grace, Maryland

2017 SCTPC BOARD MEMBERS AND MANAGERS

President - Hutch

Vice President - Bill Chalmers

Secretary - Judy Blackman

Treasurer - Kathy Goodall

Player Development Director - Peg O'Toole

Communications Director - Barb Patterson

Maintenance Manager - Bob Cleaver

Pickleball Machine Coordinator - Lee Miller