

'WHO' is that?

Women Helping Others

By BRAD STUTZMAN

Behind every good man there stands a woman. So the saying goes. But for the Women Helping Others of Sun City, it goes like this: "behind every good woman, there stands another good woman."

Boasting 130 members and growing, the ladies of WHO support organizations that help everyone from displaced youth to senior citizens in need of a hot meal.

"There are many fun things to do at Sun City, but with this organization you can make a difference," vice president Judy Aishman said.

Founded in 2010, WHO started out as a neighborhood interest group. Since then, after meeting the 50-member threshold, it has been officially chartered by the Sun City Community Association.

The ladies of Women Helping Others are known for the distinctive owl pins they wear as a salute to their organization's "WHO" acronym.

One of the first projects to

receive WHO's backing was the Meals on Wheels program, which is a division of the Georgetown-based Opportunities for Williamson and Burnet Counties.

"When we first did it, we were out in the City Mart parking lot panhandling," WHO President Nina Stancil said. "I hate to call it that, but that's what we were doing."

She estimates Meals on Wheels has about 50 clients in Sun City. Generally speaking, the average client is a woman in her 80s who lives alone. Contrary to a common misconception, one does not have to be low-income in order to get a Meals on Wheels hot lunch delivered to their door each weekday.

"Sun City is helping Sun City citizens," Ms. Stancil said. "It has nothing to do with income. It has everything to do with (not) being able to provide for yourself."

In 2015, WHO raised \$13,000 for Meals on Wheels' Sun City clients and then doubled that amount with a matching grant

Continued on page 3



The ladies of WHO packaged Christmas cookies in 2014, for clients served by Meals on Wheels and the Georgetown Area Serving Center. The Christmas cookie project is one of WHO's annual efforts.

Brad Stutzman