

### **Hearing Aid Education Seminar**

Jill Mendez, AuD Tejas Hearing Aid Center jmendez@tejas-ent.com

## Overview

- 1. Understand when it may be time to purchase a hearing aid or upgrade your current aids
- 2. Reconnecting to your world
- 3. Hearing aids simplified
- 4. Today's hearing aids
- 5. Learn about Tejas Hearing Aid Center

# **1. Warning Signs of Hearing Loss**

#### You, your family members and/or friends...

- Can hear but do not understand.
- Have difficulty hearing in restaurants and/or places of worship.
- Frequently ask people to repeat.
- Look at people's faces to assist in understanding speech.
- Turn up the volume of the TV and/or radio.
- Feel that everyone mumbles or doesn't speak clearly.

#### 1. When to Consider New Hearing Aids?

- When your technology is antiquated!
- You are struggling to hear your family and loved ones.
- You take your hearing aids out in noisy environments.
- Your hearing has changed significantly.
- You take your hearing aid out to use the telephone.
- You are spending a lot of money on repairs.
- You've stopped wearing your current hearing aids!!!

#### Reconnecting to your world

### 2. Benefits of improved hearing

#### National Council on Aging Study of adults 50 and older 93% of hearing aid wearers reported significantly improved quality of life including improvements in:

- personal relationships
- self-esteem
- life overall

•Family members reported an average of 15% greater benefit than the person wearing the hearing aids



### Important Facts About Hearing Aids

- Hearing aids can improve your quality of life
- The more you know about them, the better your decision will be
- You don't have to be self-conscious about wearing hearing aids
- Hearing aids will help you hear better in a variety of listening environments
- Advance hearing aid technology can improve your understanding in moderate amounts of background noise

# What is the Best Hearing Aid on the Market?

- Several very good major brands, but there is no single "best hearing aid"
- Best hearing aid is one that suits an indivdual's unique lifestyle and hearing loss.



# Choose the best hearing solution

- Consider your longterm needs
- Your hearing professional recommends the best possible solution for your hearing loss and lifestyle
- Your involvement, expectations and level of motivation play a major role in a successful outcome



#### **Appropriate Hearing Aid Selection**

- Which are the best hearing aids for me?
  - The ones that meet your communication needs and lifestyle.
  - And the ones that you will wear!!
- Considerations when choosing the correct amplification:
  - Hearing Loss?
  - Technology?
  - Binaural?
  - Comfort?
  - Style?



# How do I choose the right one?

- Hearing aids range in:
  - Technology
  - Flexibility
  - Size and style
  - Effectiveness within a noisy environment

all of the above affect the price

### Hearing aids simplified

Are all hearing aids the same?

- •Hearing aids range in:
  - Technology
  - Flexibility
  - Size and style
  - Effectiveness with noisy environment



•All of the above affect price

# Hearing aid technology

#### •Digital

- Clear, comfortable sound
- Precisely fitted to your hearing loss and lifestyle
- Reduced background noise
- More than 97% of hearing aids sold today

#### Conventional

- Limited flexibility limits on sound quality
- One listening setting



#### Dynamic Loudness Adjustment-Technology Loud Sounds



### **Common Features**

- Directional Microphones
- Multiple Channels
- Multiple Customized Listening Programs
- Noise Reduction
- Feedback Cancellation
- Telecoil
- Smart Speak Signaling

### Flexibility

# •Everyone's hearing needs are unique

- Degree and configuration (shape) of hearing loss
- Tolerance to loud sounds
- Listening environments

•Hearing aids can be customized to your hearing needs

### Size and style



•Behind the ear (BTE)





BTE with thin tube



Ultra small RIC (Receiver in canal)



Full shell





Half shell and canal



Completely in the canal (CIC)





Micro CIC

#### unitron. Hearing matters

Receiver in Canal Technology

- Ultra-small design
- Cutting edge technology
- Goes beyond small size and great looks
- Comfortable because your ear canal stays open

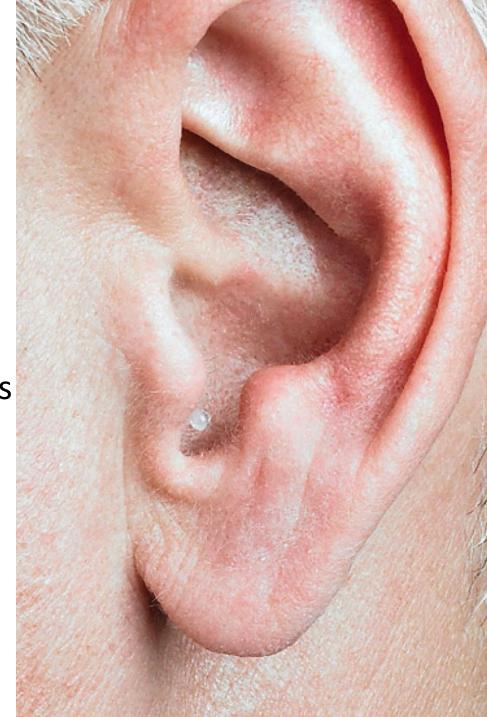




#### Micro CIC

- Incredibly small size
- Natural sound quality
- Quantum micro CIC has both





## Hearing in noise

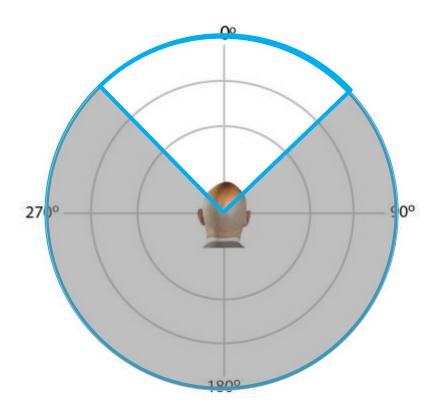
- •A normal hearing system can:
  - Detect and focus on speech
  - Tune out unwanted "noise"
  - Automatically minimize annoying sounds to enhance speech

Hearing loss disruptsthese natural abilitiesHearing aids can help



## Hearing in noise: directional microphones

- •Directional microphones
  - Sound from the front is enhanced – face-toface conversations are amplified
  - Sound from behind is reduced noise is suppressed



**Directional microphone** 

#### **Customized Listening Programs**

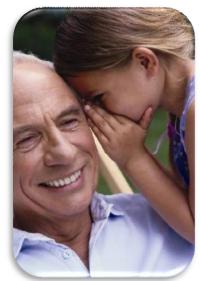
Specialized programs or settings to meet wearers individual lifestyle.



### Smart Speak Signaling

- Announces which listening program you've chosen
  - Avoids confusion (only audible to the wearer).
- Recorded speech available in 22 different languages.
- Alerting you of status changes within the instrument, such as "Battery low."







## One hearing aid or two?

•If there is hearing loss in both ears, you should wear two hearing aids. Why?

- Better sound sensitivity "stereo" quality
- Improved ability to locate sound
- Easier to understand speech in noise

•When you have vision loss, you don't just put glasses on one eye. Your ears are the same!



### Today's hearing aids

# Compare hearing aids-Technology

#### •Premium

Fully automatic digital hearing aids for busy, active lifestyles with many listening environments

#### Advanced

 Enhanced automatic performance for active lifestyles and multiple listening environments

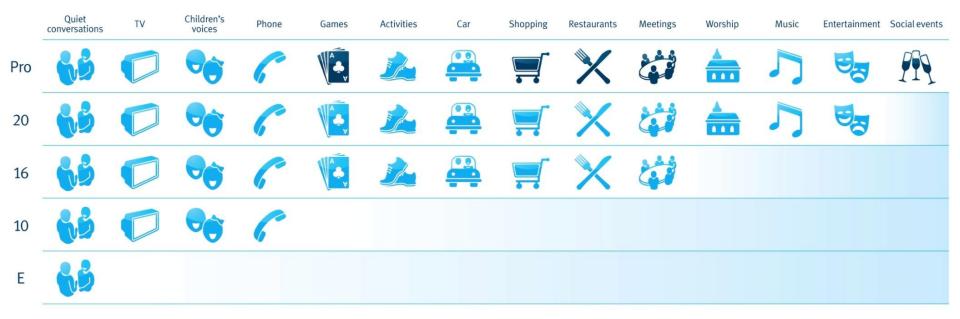
#### •Basic

Automatic performance with innovative features

#### •Entry level

– Manual programs with innovative technologies

### Get the hearing aids best suited for your hearing loss and lifestyle



#### Hearing aids: Common features

#### AntiShock™

takes care of sudden uncomfortable sounds, like door slamming

#### Speech Enhancement

improves the clarity of speech

#### Noise reduction

reduces unwanted noise to improve comfort

#### Wind noise manager

detects and suppresses wind noise for comfort

Advanced feedback management to stop whistling



#### Hearing aids: Common Features

Unitron wireless features expand your connection to the people, places and technologies in your life

- Automatic communication between hearing aids
- Hear phone conversation in both ears
- Convenient, hands-free usage of Bluetooth<sup>®</sup> enabled cell phones and other audio devices
- Comfortable television listening for everyone



### **Common features**

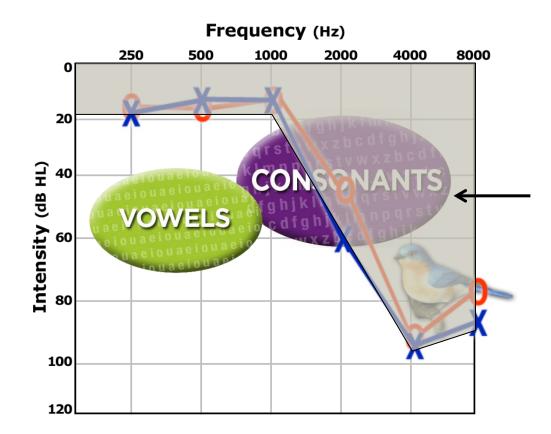
- Wireless
  - Automatic communication between hearing aids
    - 3D high-definition hearing
    - Continuous sharing of critical environmental and speech information
  - Hear phone conversations in both ears
  - Convenient, hands-free usage of Bluetooth enabled cell phones and other audio devices
  - Comfortable television listening for everyone

#### Features

- Data logging
- Automatic program changes
- Remote control
- Feedback suppression
- Automatic acclimatization
- High Frequency shift/compression

#### Audibility Extender

• Works to transpose (move) inaudible sounds into the wearers audible hearing region.



### New features

- Self-learning
- Binaural phone
- Wireless connectivity

 Direct-to-hearing-aid streaming of media devices or through a body worn device

• HydraShield, Nanocoating, etc

- Water-and-wax- repellent moisture protection

## Hearing in noise

- Normal hearing system can:
  - Detect and focus on speech
  - Tune out unwanted "noise"
  - Automatically minimize annoying sounds to enhance speech

Hearing loss disrupts these natural abilities Hearing aids can help

### Hearing in noise: SpeechZone™

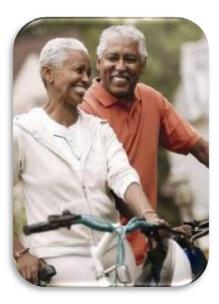
- Both hearing aids work together to automatically zone in on speech
- More natural listening in the toughest situations
- Automatically

## Hearing in Noise: Directional Microphones

- Directional Microphone
  - Sound from the front is enhanced
  - Face-to-face conversations are amplified
  - Sound from behind is reduced. Noise is suppressed

## Noise Management and Analysis

- Continually analyzing incoming sounds.
- Identifies the acoustic sound patterns as speech or noise.
- Tailors amplification based upon your individual hearing loss.
- Preserves speech understanding while minimizing the negative effects of noise.









## **Tinnitus Management**

### **Over 50 Million Americans Effected**

- Tinnitus = ringing/buzzing in the ears
- Causes:
  - Hearing loss
  - Exposure to loud sounds
  - Ear infections
  - Some medications
  - Other: smoking, alcohol

- Aging
- Stress
- Excessive ear wax
- High blood pressure



- There is *NO cure* for tinnitus but a promising feature is now available.
- Introducing the Widex Zen Tinnitus Therapy Program

# Xino Tinnitus

- Nearly invisible in-ear device
- Soothing sound options that you can fine-tune to counterbalance the unique irritating sound you hear
- Ability to adjust stimulus sound frequency, modulation and volume
- Provides tinnitus relief and can perform as a hearing aid
- Available in Basic & Advanced Technology Levels



## Widex Zen Therapy

- Specialized sound therapy program used for tinnitus management and treatment.
- Zen tones are clinically proven effective in reducing adverse reactions to tinnitus.
- Provides relaxation and can improve concentration.
- Only available in Widex hearing aids.
- Available in all levels and styles.



# Hearing Aid Accessories

- Remote control
  - Enables wide range of adjustments to your hearing aids for hand-on control
  - Simple, easy-to-use option as well
- Bluetooth interface
  - Wireless connectivity to a range of audio sources and remote control capability
  - Television streaming
  - Remote microphone to hear companions easily in challenging environments

## Hearing aid Accessories

# Wireless Connectivity

- Introducing WIDEXLINK<sup>™</sup> -
  - Revolutionary wireless communication designed specifically for hearing aids.
  - Patented created and owned by Widex.
  - Providing high quality stereo sound, echo-free wireless communication to external audio devices.
    - Cell-phone, TV, Stereo, I-Pod, DVD Player
  - Utilizing DEX assistive listening devices from Widex.





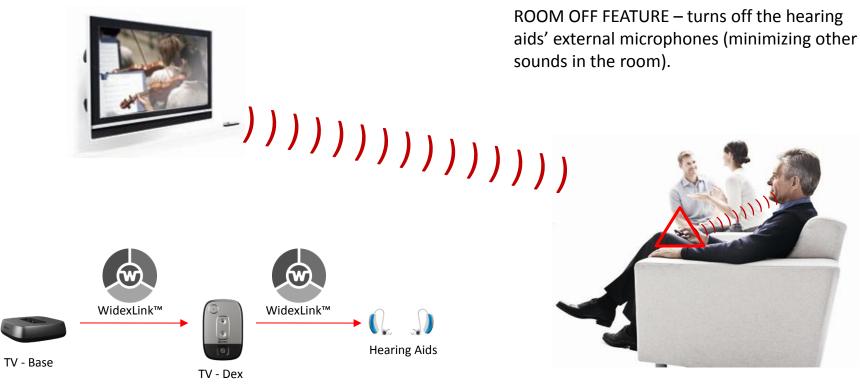




**TRUE-ISP** Technology

## Wireless Connectivity

### **TV-DEX**



## Wireless Connectivity

### **M-DEX**

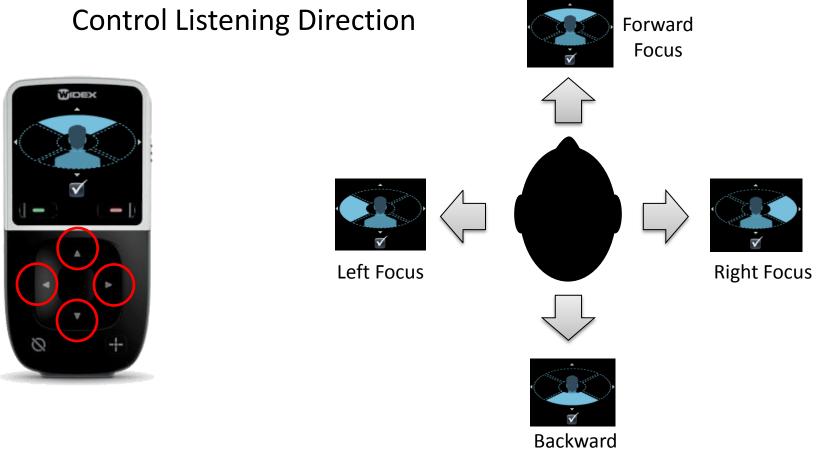


 ROOM OFF FEATURE – turns off the hearing aids' external microphones (minimizing other sounds in the room).



## **Focused Listening**

#### FREE FOCUS =



Focus

# Surflink accessories

- WIRELESS HEARING AIDS
  - Combined with SurfLink<sup>®</sup>
     accessories, you can easily
     enjoy TV, music and cell
     phone conversations
    - SurfLink Mobile
      - Microphone
      - Receiver
    - SurfLink Media
    - SurfLink Remote



### Unitron hearing aids: Optional accessories

#### Smart Control remote

enables a wide range of adjustment in your hearing aids for "hands-on" control

#### Unitron remote control

simple, easy-to-use control over your hearing aids

#### uDirect<sup>™</sup> 2

wireless or wired connectivity to a range of audio sources and remote control capability

#### uTV™ 2

for television the way it was meant to sound

#### uMic™

hear companions easily in challenging environments



### VFUSION RECHARGEABLE BATTERY SYSTEM

- Convenience
  - Replace VFusion batteries once every 6 months
  - No longer need to carry spare batterie: FUSION
    Battery Life per charge: 16-18 hours
  - Battery Life per charge: 16-18 hours
  - Recharge time: 6 hours
- **Environment Friendly** •
  - 95% of the battery elements can be recycled and reused
  - Compatible with non-wireless hearing aids using size 13 and size 312 batteries



## After purchasing a hearing aid

### Realistic Expectations of Widex Hearing Aids

- Dynamic range of hearing soft sounds audible and loud sounds are comfortable.
- Significantly improved hearing in most situations.
- Improved hearing in moderate amounts of background noise.
- Understanding speech better when hearing aids are worn consistently.

## **Realistic Expectations**

- Expect your own voice to sound different
- Expect sounds to be louder than you remember
- Expect to hear things you have not heard for awhile
- Expect certain listening environments to be easier than others
- Expect sounds to become more natural in three to four weeks
- Be patient! It take time to adapt to new stimulation

#### It's time to get more out of life





- Providing complete hearing healthcare services to the community since 2002
- We are opening a brand new state-of-the-art facility in April on Wyoming Springs Drive in Round Rock
- Our staff consists of:
  - Oscar Tamez, M.D.
  - Jill Mendez, Au.D.
    - Audrey Suarez, office manager
    - Kristine Salazar, reception
    - Nettie Natal, check-out
    - Renae Whinery, Medical Assistant
    - Valarie Thamez, Medical Assistant



- What sets us apart:
  - Medical practice for comprehensive ear care
  - No sales pressure
  - 2 week free trials
  - No return fee after trial period
  - Same day appointments if necessary

# Lunch and Listen

- Who:
  - Current hearing aid users who are not happy with their performance in background noise
- What:
  - Free lunch to demo Widex hearing aids
  - Please bring current hearing aids to compare
- Where:
  - Salt Grass Steakhouse, exit 254 Round Rock
- When:
  - April 17<sup>th</sup> at 12:00

Please sign up so I can set up an appointment to program the demo hearing aids and order earmolds if necessary