

## RESOURCES FOR SENIORS IN NEED

Local nonprofits and other social services offer help for families dealing with age-related issues.

Sun City does not vet or endorse any service provider on this resource list. Each resident should perform their own due diligence before choosing any service provider. This list is solely a compilation of non-profit resources and information to help residents deal with life challenges and maintain or improve their quality of life.

Residents may refer to the annual Sun City Resource Guide and Directory publication as well as the Sun Rays magazine for additional resources. For a more comprehensive list of non-profit senior resources, Sun City Residents can access the Sharing Our Senior Resources (SOSR) Handbook online at the Sun City Resident Website

### 2-1-1 Texas

Dial 211 | [www.211texas.org](http://www.211texas.org)

- Free, anonymous social service hotline available 24 hours a day, 7 days a week, 365 days a year, state-wide.
- Search available resources in your community for food, housing, crisis counseling, substance abuse treatment.

### 9-8-8 Suicide and Crisis Lifeline

Dial 988 | [www.988lifeline.org/](http://www.988lifeline.org/)

For those seeking support during a mental health or emotional crisis, dial 988 to connect to a nationwide support network. The simplified three-digit number is meant to increase access to the National Suicide Prevention Lifeline and will operate similarly to 911.

### Adult Protective Services

1-800-252-5400 | [www.dfps.state.tx.us](http://www.dfps.state.tx.us) or [www.txabusehotline.org](http://www.txabusehotline.org)

- Elder abuse prevention resources.
- Report abuse, neglect, or exploitation.

### AGE of Central Texas

512-451-4611 | [www.ageofcentraltx.org](http://www.ageofcentraltx.org)

- Caregiver Resource Center – offering information, material, and consultation.
- Caregiver U. – educational classes for caregivers offered in Georgetown.
- Early memory loss program.
- Adult Day Health Centers in Travis and Williamson counties provide daytime (respite) care for seniors with physical needs or memory loss. Call 512-255-4865 or visit website for more information.

### Alzheimer's Texas

512-241-0420 or 800-357-2132 | [www.txalz.org](http://www.txalz.org)

- 24/7 helpline.
- Education and training.
- Care consultations.
- Support groups.

### Bluebonnet Trails Community Services

512-869-2650 (24/7 Crisis Hotline: 800-841-1255) | [www.bbtrails.org](http://www.bbtrails.org)

- Service provider for mental health and behavioral health resources for Central Texas residents.

### Capital Area Agency on Aging (Aging and Disability Resource Center)

512-916-6062 or 888-622-9111 | [www.aaacap.org](http://www.aaacap.org)

- Single access point to long-term services and support program benefits for older adults, those with disabilities, and their caregivers.
- Plans, develops, and provides a coordinated system of services designed to promote independence for persons 60 years of age and older.
- Services include benefits counseling, caregiver support, care coordination, health and wellness, information, referral and assistance and medication screening.

### **The Caring Place**

512-943-0700 | [www.caringplacetx.org](http://www.caringplacetx.org)

- Emergency financial assistance.
- Temporary shelter and transportation.
- Meal assistance programs.

### **Eldercare Locator**

800-677-1116 | [www.eldercare.acl.gov](http://www.eldercare.acl.gov)

- Nationwide online service.
- Connects elders and their caregivers with trustworthy local support services.
- Public service of Administration on Aging.

### **Faith in Action Georgetown**

512-868-9544 | [www.faithinactiongt.org](http://www.faithinactiongt.org)

- Free transportation for medical, dental, and personal care appointments, and grocery shopping (cannot transport wheelchairs).
- Care calling/home visits.
- Medical equipment closet.

### **Family Eldercare**

512-450-0844 | [www.familyeldercare.org](http://www.familyeldercare.org)

- In-home care.
- Caregiver support.
- In-home counseling.
- Service coordination.
- Money management.

### **GoGeo Paratransit**

512-478-7433 | [www.gogeo.georgetown.org](http://www.gogeo.georgetown.org)

- Capital Area Rural Transportation System (CARTS) is available to people with disabilities. Eligibility and screening for paratransit services is available to people with disabilities and all Georgetown Seniors 65 or older. Eligibility and screening provided through a paper application (visit website for screening application)
- Seniors 65 and older who reside in the Georgetown city limits can now bypass the eligibility process and sign up for GoGeo limited paratransit service with a phone call.
- Curb-to-curb service from 7 a.m. to 7 p.m. Monday through Friday.
- Eligible riders pay \$2 per trip and are required to make reservation 24 hours in advance through the website or by calling above phone number.

### **Helping Hands Sun City**

- Subject to change, see the Sun Rays magazine or NRO section of the Sun City website for latest information. Contacts: John Viers (text or call) 512-639-0262; Cle Alexander, 316-990-4245; Kathy Davis, 970-351-8872; Shirley Worth, 512-943-4110.
- The Helping Hands "Lending Locker" provides items on loan, including mobility aids such as walkers, wheelchairs and crutches and personal care aids such as bath chairs and commodes, wheelchair ramps, CPAP and BiPAP units, lift & stand chairs, transport chairs, knee scooters, cryotherapy machines, tub seats, Rollators, Hoyer lifts and Sara lifts, foot boots, and bed rails. Baby cribs and some other childcare items are also provided on loan. Items are provided free of charge. You will need to arrange for the items to be picked up and returned.

### **Hospice - Baylor, Scott & White**

(512) 509-7200 | [www.BaylorScottandWhite.com](http://www.BaylorScottandWhite.com)

Hospice care is for people who have a life expectancy of six months or less and have chosen to focus on comfort care and relief from pain and symptoms. Medicare and Medicaid certified agency,

BSW typically covers 100% of services. Private insurances and veterans benefit plans may cover all or part of hospice as well. BSW Hospice often helps those in the community who are without insurance or have the inability to pay.

### **Hospice Austin**

800-445-3261 or 512-342-4700 | [www.HospiceAustin.Org](http://www.HospiceAustin.Org)

Hospice Austin cares for patients who are no longer seeking aggressive or curative treatment, and who have a life-expectancy of six months or less. Hospice care focuses on physical comfort and addresses the patient's and family's emotional and spiritual needs as well. It pays for prescription medications related to the primary illness, provides medical equipment and supplies, sees patients in their homes, and can help with activities such as administering medications, bathing and dressing.

### **Lone Star Circle of Care**

1-877-800-5722 | [www.lscctx.org](http://www.lscctx.org)

- Medical services located in Georgetown.
- Dedicated senior care clinics.
- Accepts all patients regardless of insurance status or income.
- Low cost, high quality dental clinic in Georgetown. Call direct at 512-864-1445.

### **Meals on Wheels / Opportunities for Williamson & Burnet Counties**

512-763-1400 or 512-868-5010 | [www.opportunitiesforwbc.org](http://www.opportunitiesforwbc.org)

- Hot, home delivered meals five days a week.
- Congregate meals program at senior centers.
- Utility assistance.

### **Memory Care**

[www.memorycare.com/memory-care-in-texas](http://www.memorycare.com/memory-care-in-texas)

### **Support Groups**

- See the Support Groups page in each month of Sun Rays magazine.

### **Texas Health and Human Services**

1-855-937-2372 | <https://hhs.texas.gov/services/aging>

- Access to services facilitating independent living.
- Help understanding state and federal benefits and legal rights.
- Services for caregivers.
- Assistance in qualifying for assisted-living facility care, daytime programs or nursing home services.
- Guidance for long-term care services.

### **Veterans Services Office**

<https://www.wilco.org/vetservices>. Call (512) 943-1900 for appointment Monday through Friday.

The Veterans Services Office, located at 100 Wilco Way in Georgetown provides eligible Veterans, dependents, and survivors direct and general support and assistance in obtaining all benefits they have earned from the U.S. Department of Veterans Affairs.