RESOURCES FOR SENIORS IN NEED

Local nonprofits and other social services offer help for families dealing with age-related issues. Sun City does not vet or endorse any service provider on this resource list. Each resident should perform their own due diligence before choosing any service provider. This list is solely a compilation of non-profit resources and information to help residents deal with life challenges and maintain or improve their quality of life. Residents may refer to the annual Sun City Resource Guide and Directory publication as well as the Sun Rays magazine for additional resources.

2-1-1 Texas

Dial 211 | www.211texas.org

- Free, anonymous social service hotline available 24 hours a day, 7 days a week, 365 days a year, state-wide.
- Search available resources in your community for food, housing, crisis counseling, substance abuse treatment.

Adult Protective Services

1-800-252-5400 | www.dfps.state.tx.us or www.txabusehotline.org

- Elder abuse prevention resources.
- Report abuse, neglect, or exploitation.

AGE of Central Texas

512-451-4611 | www.ageofcentraltx.org

- Caregiver Resource Center offering information, material, and consultation.
- Caregiver U. educational classes for caregivers offered in Georgetown.
- Early memory loss program.
- Adult Day Health Centers in Travis and Williamson counties.

Aging and Disability Resource Center

855-937-2372 | https://www.capcog.org/divisions/area-agency-on-aging/

– Single access point to long-term services and support program benefits for older adults, those with disabilities, and their caregivers.

Alzheimer's Texas

512-241-0420 or 800-357-2132 | www.txalz.org

- 24/7 helpline.
- Education and training.
- Care consultations.
- Support groups.

Bluebonnet Trails Community Services

512-869-2650 (24/7 Crisis Hotline: 800-841-1255 | www.bbtrails.org

– Service provider for mental health and behavioral health resources for Central Texas residents.

Capital Area Agency on Aging

512-916-6062 or 888-622-9111 www.aaacap.org

- Plans, develops, and provides a coordinated system of services designed to promote independence for persons 60 years of age and older.
- Services include benefits counseling, caregiver support, care coordination, health and wellness, information, referral and assistance and medication screening.

The Caring Place

512-943-0700 | www.caringplacetx.org

- Emergency financial assistance.
- Temporary shelter and transportation.
- Meal assistance programs.

Elder Care Locator

800-677-1116 | www.eldercare.acl.gov

- Nationwide online service.
- Connects elders and their caregivers with trustworthy local support services.
- Public service of Administration on Aging.

Faith in Action Georgetown

512-868-9544 | www.faithinactiongt.org

- Free transportation for medical, dental, and personal care appointments, and grocery shopping (cannot transport wheelchairs).
- Care calling/home visits.
- Medical equipment closet.

Family Eldercare

512-450-0844 | www.familyeldercare.org

- In-home care.
- Caregiver support.
- In-home counseling.
- Service coordination.
- Money management.

GoGeo Paratransit

512-478-7433 | www.gogeo.georgetown.org

- Capital Area Rural Transportation System (CARTS) is available to people with disabilities. Eligibility and screening for
 paratransit services is only available to people with disabilities. Eligibility and screening provided through a paper
 application (visit website for screening application)
- Curb-to-curb service from 7 a.m. to 7 p.m. Monday through Friday.
- Eligible riders pay \$2 per trip and are required to make reservation 24 hours in advance through the website or by calling above phone number.

Lone Star Circle of Care

1-877-800-5722 | www.lscctx.org

- Medical services located in Georgetown.
- Dedicated senior care clinics.
- Accepts all patients regardless of insurance status or income.
- Low cost, high quality dental clinic in Georgetown. Call direct at 512-864-1445.

Meals on Wheels / Opportunities for Williamson & Burnet Counties

512-763-1400 or 512-868-5010 www.opportunitiesforwbc.org

- Hot, home delivered meals five days a week.
- Congregate meals program at senior centers.
- Utility assistance.

Memory Care

www.memorycare.com/memory-care-in-texas

Sun City Helping Hands

Here is who to contact if you want to borrow something:

For items kept at the Legacy Hills Storage Area, contact:

- -John Viers (512-639-0262) *He prefers a call/text rather than an email
- -Kathy Davis (907) 351-8872

- -Cle Alexander (316) 990-4245
- -Shirley Worth (N30) (512-943-4110); Shirley keeps some medical equipment and baby items at her home that can be borrowed

Here are some important things to consider when borrowing:

- Don't wait till your guests arrive or you are bringing your patient home from the hospital to arrange for equipment. You want it at the house and ready to go.
- You don't have to reserve items, but it may be best to call and make sure they have the item you need available to borrow. You can reserve an item a bit ahead of time but pick it up a couple of days prior to when you need it.
- The items are sanitized when returned... someone donated funds to purchase a sanitizer.

Support Groups

– See the Support Groups page in each month of Sun Rays magazine.

Texas Health and Human Services

1-855-937-2372 | https://hhs.texas.gov/services/aging

- Access to services facilitating independent living.
- Help understanding state and federal benefits and legal rights.
- Services for caregivers.
- Assistance in qualifying for assisted-living facility care, daytime programs or nursing home services.
- Guidance for long-term care services.

Veteran's Services Office

https://www.wilco.org/vetservices. Call (512) 943-1900 for appointment Monday through Friday.

The Veterans Service Office, located at 100 Wilco Way in Georgetown provides eligible Veterans, dependents, and survivors direct and general support and assistance in obtaining all benefits they have earned from the U.S. Department of Veterans Affairs.