# HEARING SOLUTIONS SIG Sun City Texas Computer Club February 13, 2020

Computer Club Membership entitles you to attend any Club Special Interest Group.

## **IMPORTANT ANNOUNCEMENT**

### In order to sign in for any Computer Club event, You MUST

## use your Sun City resident ID number Beginning March 1, 2020.

Sun City Texas Computer Club



## When Hearing Aids Aren't Enough

Understanding hearing loss, induction loops, and hearing aid accessories.

Hunter Gerhart, Au.D Shawn Clark, BC-HIS Jackie Cooper, H.I.S

# WELCOME.

# Our Team

Our mission is to serve our patients' needs better than anyone else in the hearing healthcare industry. Meet our team of dedicated hearing specialists available to serve you!



### **SHAWN CLARK**

**Board Certified in Hearing Instrument Sciences** 



### **HUNTER GERHART**

Au.D, CCC-A, ABA, FAAA, BC-HIS Doctor of Audiology

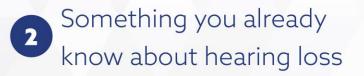


#### **JACKIE COOPER**

HIS Hearing Instrument Specialist

# You and Hearing Loss **Tell me...**





3 Something you **absolutely** want to learn today

# Today's Program







Fffects	of	Untreated	Hearing	000
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#### Amplification



Hearing Assistive Technology (HAT)

# HOW WE HEAR

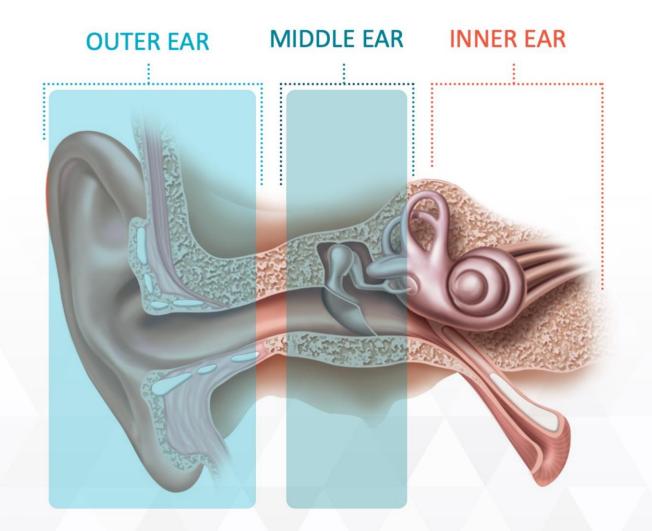
## Types of Hearing Loss



### Conductive Hearing Loss

Caused by damage to the outer or middle ear.

Can often be reversed or improved through medical treatment.

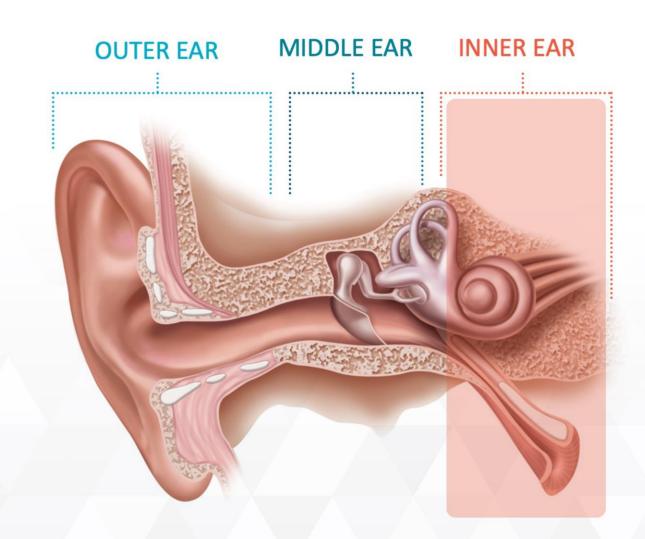


### Sensorineural Hearing Loss

Caused by damage or disease to the inner ear or hearing nerve.

Typically permanent hearing loss.

Can be treated with amplification.



# EFFECTS OF UNTREATED HEARING LOSS

### Men are 2X more likely

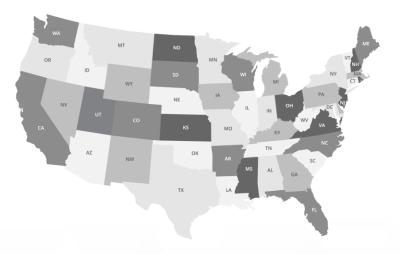
to have hearing loss

### 1-in-6 Children

in the US has Hearing Loss **Due to Noise Exposure**  Age is Strong Predicator of Hearing Loss



The greatest percentage of hearing loss is adults 60-69 years old



45 Million Americans struggle with Tinnitus

**30 Million US Adults could benefit from hearing aids** Nearly 15 % of the population

## Common Causes of Hearing Loss

















## Effects of Untreated Hearing Loss

Fatigue

Tension

Negativism & Stress

Anger & Irritability

Avoidance or Withdrawal from Social Situations Social Rejection and

Embarrassment

Loneliness





Did you know that your hearing health has a direct effect on your overall health?



#### Dementia

Seniors with hearing loss are significantly more likely to

develop dementia than those who retain their hearing.



#### Tinnitus

Hear Better.

Live Better.

Up to 90% of people with tinnitus have some level of noise-induced hearing loss.



#### Hypertension

High blood pressure can be an accelerating factor of hearing loss in adults.



#### Smoking

Current smokers have a 70% higher risk of having hearing loss than nonsmokers.



#### Ototoxicity

200+ medications may be harmful to ears.



Untreated hearing loss can contribute to social isolation, anxiety, depression and cognitive decline.

#### Obesity

Higher body mass index (BMI) and larger waist circumference are associated with increased risk of hearing loss in women.



#### Safety/Balance

People with mild hearing loss are 3x more likely to have a history with falling.

#### Cardiovascular Disease

People with low-frequency hearing loss are considered at risk for cardiovascular events.

#### Diabetes

Hearing loss is twice as common in people with diabetes as their peers without.

The National Institutes of Health (NIH) | National Institute on Deafness and Other Communication Disorders (NIDC) | National Council on Aging (NCOA) | Kockkin, S.(n.d). The Impact of Treated Hearing Loss on Quality of Life - Better Hearing Institute, Washington, DC. Retreived from: www.betterhearing.org/Hearingpedia Lin, F. (2014, January) Hearing Loss Unked to Accelerated Brain Tissue Loss. Johns Hopkins Medicine News Release. | Li-Korotky, H. S. (2012) Age-Related Hearing Loss: Cuality of Life - Better Hearing Loss: Study. JAMA. 1998;279(21):1715-1719. doi:10.1001/jama.279.21.1715 | Hull, R. H. & Kerschen, S. R. (2010) The influence of cardiovascular health on peripheral and central auditory function in adults: a research review. American Journal of Audults. Review. American Journal of Audults. Review. 47. (2009), Osteoporosis and Conductive Hearing Loss: Novel Model of Clinical Correlation. Retrieved from: PHILICA.COM Article number 148. | Amw.ava00]. Nat. org | www.mayool.int.com/health/tinnitus/DS00365

# AMPLIFICATION

### Hearing Aid Styles





Custom

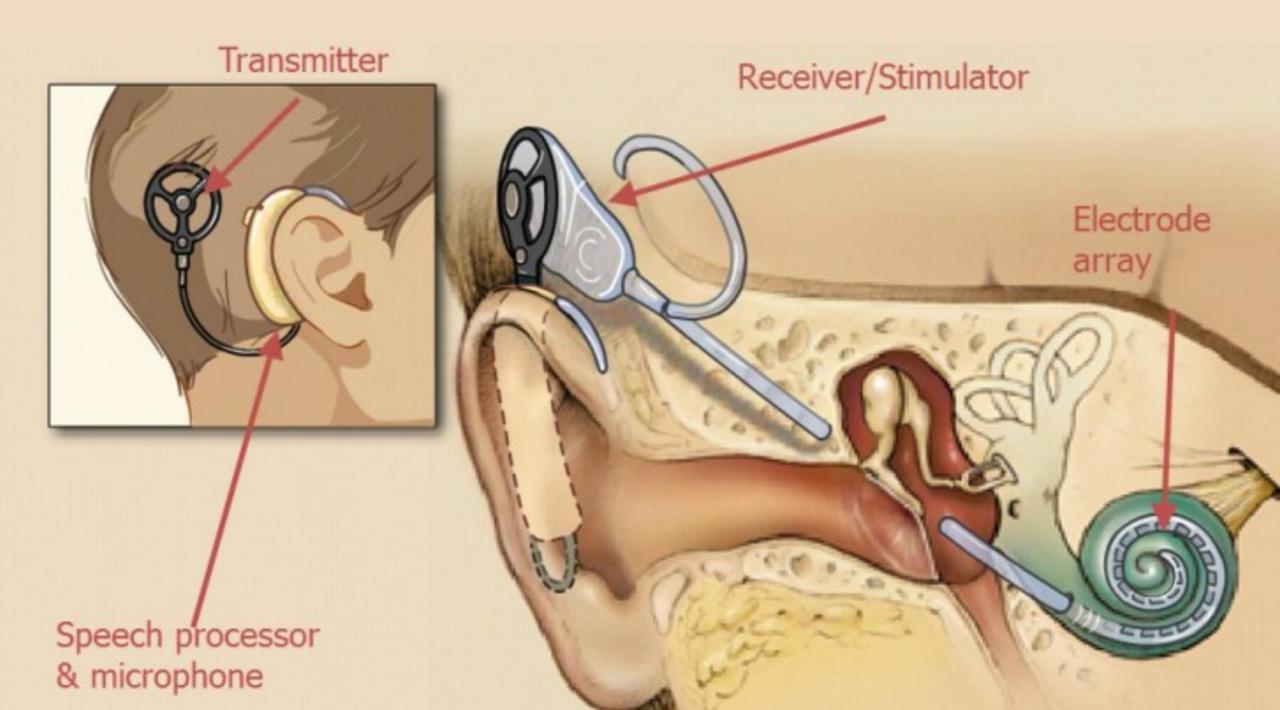




Invisible-in-the-Canal

Cochlear

Implant



Gain	Feedback Cancellation	Tinnitus Sound Masking Input				
Compression	<b>Frequency Lowering</b>	e-STAT fitting formula				
Auto Acclimatization	<b>Directional Microphones</b>	Unique Memory Settings				
What goes on inside a hearing aid?						
Artificial Int	telligence Teleco	Telecoil Dedicated Music Memo				
Sensors	<b>Customize Memories</b>					
Dedicated Streaming Me	emory Out					
Noise Management	Data Log of Informatio	Wireless Connectivity Ear to Ear Communication				

### **Hearing Reality**

Manages the layers of sound in the environment







### Smartphone Connectivity

### Apple

iOS 11 or higher

#### Android

Operating system 6.0 or higher





- Stream Phone Calls and Audio<sup>\*</sup>
- Remote Control
- Find My Hearing Aids
- Noise Control
- And much more

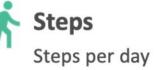
\*Select Android phones

Body Health

Brain Health

92

Tracking Body Health





Activity

Minutes of exercise — brisk, walking pace, or faster



#### Move

Continuous movement for at least one minute in a one hour period





**Use Time** 12 hour wear time per day



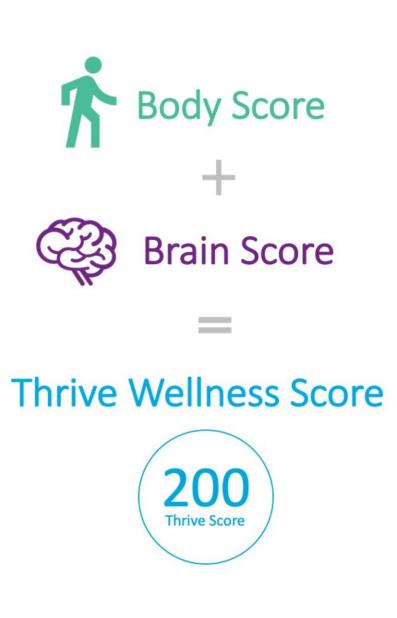
#### Engagement

Percentage of time in complex social listening situations, including streaming

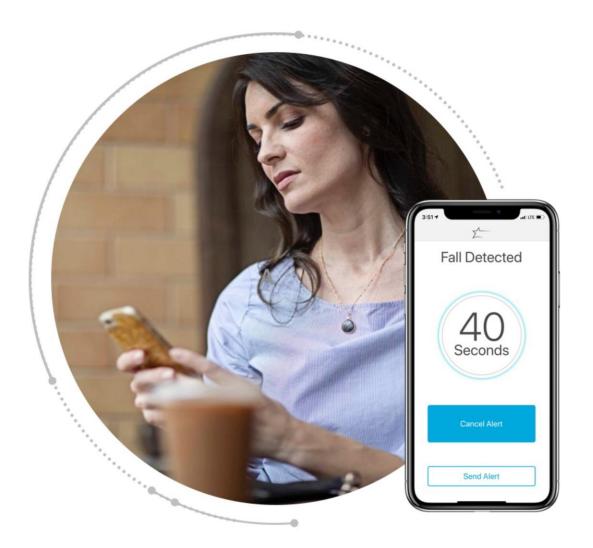


#### **Active Listening**

How varied are the listening environments









### World's First and Only Hearing Aid with Fall Detection and Alerts

Detects falls and sends alert to selected contacts



## Reminders

Set audible reminders for appointments and important tasks



## Rechargeable

#### **Small and Easy to Use**

#### **Delivers up to 24 hours**

of hearing on a single charge

#### All-in-one charger

holds enough charge to provide portable charging without plugging into the wall





\*Included with Livio AI rechargeable



## Hearing Aid Care



**Remove at Night** 



**Clean Periodically** 



Avoid Water, Hair Products, etc. Change or Recharge Batteries

## Hearing Aid Fitting Best Practices







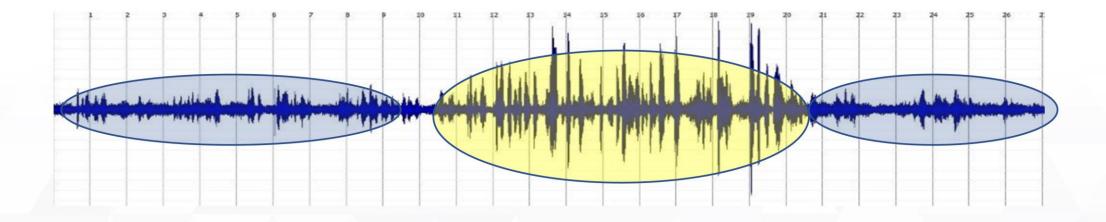
### Video Otoscopy

Thorough Examination

Verification with Real Ear Measurements

# HEARING ASSISTIVE TECHNOLOGY (HAT)

# Why Clients Need Assistive Technology



IPhone recording @ 2 feet away from speaker's mouth.

Recording @ at speaker's mouth.

IPhone recording @ 2 feet away from speaker's mouth.



## Hearing Assistive Technology

Dramatically improve the lives of people with hearing loss.

Bypass challenging acoustics—sending sound directly to users' ears.

Bridge the gap between you and the sound source by eliminating the effects of:

- Distance
- Background Noise
- Reverberation

### Three Types of Assistive Listening Devices

### Provide ADA-Mandated Communication Access in Public Areas

The 2010 ADA requires an assistive listening system in each assembly area where audible communication is integral to the use of the space (the law does not dictate type of system – FM/ RF, IR or hearing loop) and requires that 25% of the listening devices offered must be hearing aid compatible (this means telecoil compatible headphones, neck loops or hearing loops).



Infrared

3

**FM** Systems

### Induction Hearing Loops



### Hearing Loops

Hearing Loops, also known as Induction Loops or Audio Frequency Induction Loop Systems (AFILS), consist of a copper wire placed within a room, theater, or counter which is connected via a special loop "driver" to a public address or sound system. An electromagnetic field is created that connects to a telecoil in hearing aids, cochlear implants, or telecoil receivers.

## Hearing Loops

User-friendly, simple, discreet, and effective.





Useful on the telephone

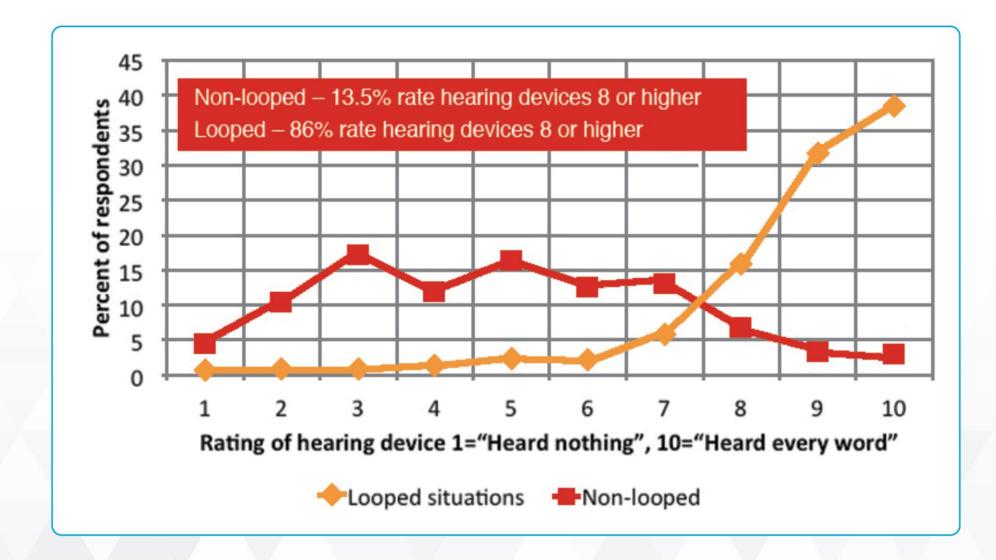
Switch to the telecoil program and automatically receive clear, customized sound directly to ears.

#### Not all hearing aids come with a Telecoil- ask your Hearing Healthcare Professional for Telecoil.



Link to assistive technology – in public venues where the ADA requires the installation of Assistive Listening Systems.

No telecoil? No hearing aid? Use a hearing loop receiver and headphone to connect to the system.



#### What else is a Hearing Loop?

Amplifier plugged into TV just like a room loop with a wire discreetly strung to TV viewing chair and hooked to loop pad that goes under the chair's cushion (can also be used under the mattress in a bed).



## What else is a Hearing Loop?

#### A few of the uses of the neckloop...

Stereo and Surround Sound Systems Computers or Tablets Phones (Cell and home) MP3 Players On a TV equipped treadmill at the gym On your TV at home or while traveling





#### Neck Loop

Think of it as a headset. Required by the ADA for all assistive listening systems.





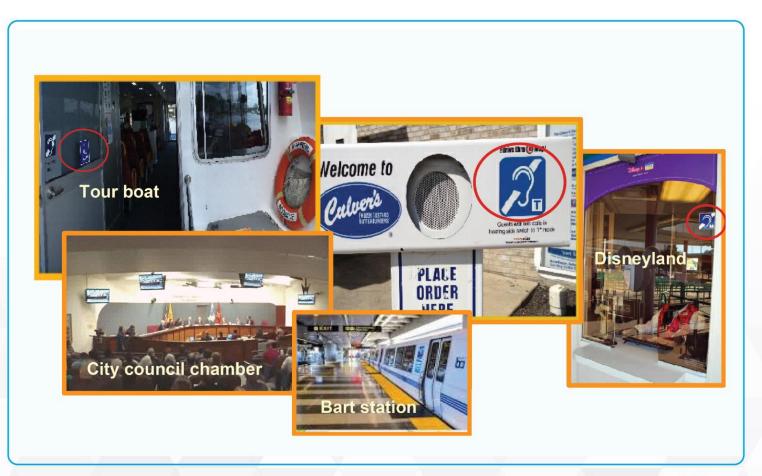
Amplified with Microphone Unamplified



#### Hearing Is Believing!

<u>https://www.youtube.com/watch?time\_continue=105&v=Ahbz0VvIZF</u>
<u>0&feature=emb\_title</u>

### Where will you find loops?



Places of Worship Movie Theaters Performance Spaces Office and Waiting Rooms Banks and Retail Stores Transportation Hubs Airports Unexpected Places

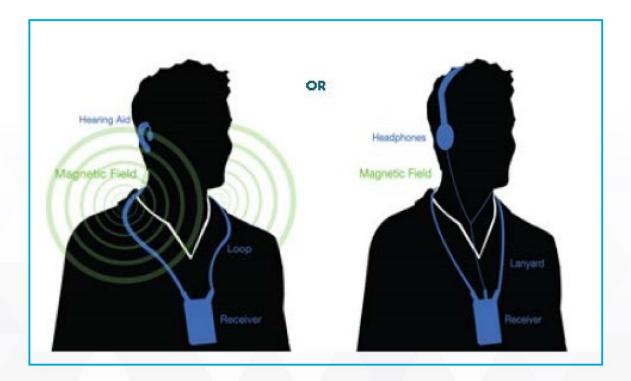
**Unexpected Places** 

#### Where will you find loops?



New York City Taxi Cabs Have Loops! All new NYC taxis must be this hearing loop equipped "Taxi of Tomorrow".

#### Infrared Systems



Infrared Systems (IR) work like TV remote controls.

- Line-of-sight technology
- IR signals are sent and received in a straight line.

Everyone using the IR system needs a receiver and either a headphone or a neck loop-usually available at a customer service desk or by asking a member of staff.

#### Personal FM Systems







#### FM Systems

FM Systems, or Radio Frequency Assistive Listening Systems, transmit wireless, low power FM frequency radio transmission from a sound system to FM receivers.

Everyone using the system needs a receiver and either a headphone or a neck loop.

For those who have telecoil-equipped hearing aids and cochlear implants, neck loops eliminate the need for headphones.

#### Hearing Aid Accessories

Remote Microphone

#### Table Microphone

TV Streamer



#### Assistive Listening Devices (ALD)

These devices can increase the functionality and enhance the performance of hearing aids when paired with a neckloop or they can be used in place of hearing aids, paired with ear buds or a headset. These devices can be used with a neckloop or an earhook, headset or ear buds.



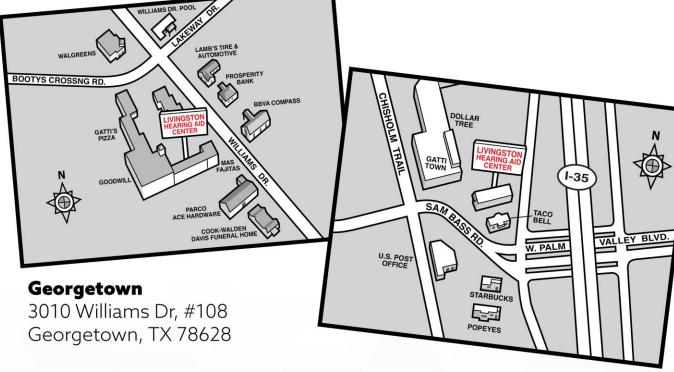
#### TEXAS PHONE VOUCHER PROGRAM

# Ask our Team Members how you can receive a **FREE Amplified Phone!**

The Texas Voucher Program also offers FREE Ring Signalers and Neck Loops. \*The only qualifications are hearing loss and Texas Residency.



# We are here to help you!







Shawn Clark Board Certified in Hearing Instrument Sciences Round Rock 1110 N I-35 Suite 200 Round Rock, TX 78681

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Instagram @LivingstonHAC

LHAC.com

**Twitter** @LivingstonHAC



### Founded in Lubbock, TX, we're family owned since 1953.





We now have over 90 locations in Texas, New Mexico, Colorado, and Arizona. Each facility has the latest state-of-the-art technology and a team of specialists ready to serve you!

# **NEXT MEETING**

#### March 12, 2020 – 9.30: a.m. – Atrium

Info - Contact Nelda McQuary - mcquary@suddenlink.net