#### HEARING SOLUTIONS SIG

**Sun City Texas Computer Club** 

March 12, 2020

Computer Club Membership entitles you to attend any Club Special Interest Group. Thank you for coming today.

T-Coil News from Dr. Ashley Richburg Hill Country Audiology Georgetown, TX 78628

100 River Hills Dr Ste 105 (512) 763-8855

"Our office reception area is looped for T-coil. Come in to determine if your T-coil hearing aids are working properly."



## Clinical Lecturer-Educator, Dept. of Communication Disorders

## Kathryn Ruth Hayes M.A, CCC-SLP

Texas State University, Round Rock
Specialist Department of Health &

**Human Performance** 

krh190@txstate.edu 512-716-2608

# How to COMMUNICATE EFFECTIVELY when dealing with HEARING LOSS

INFORMATION FOR THE PERSON WITH HEARING IMPAIRMENT AND THEIR CONVERSATIONAL PARTNER

## LET'S TALK ABOUT HEARING



 DETECT AND RECOGNIZE MEANINGFUL ENVIRONMENTAL SOUNDS

• IDENTIFY THE SOURCE AND LOCATION OF A SOUND

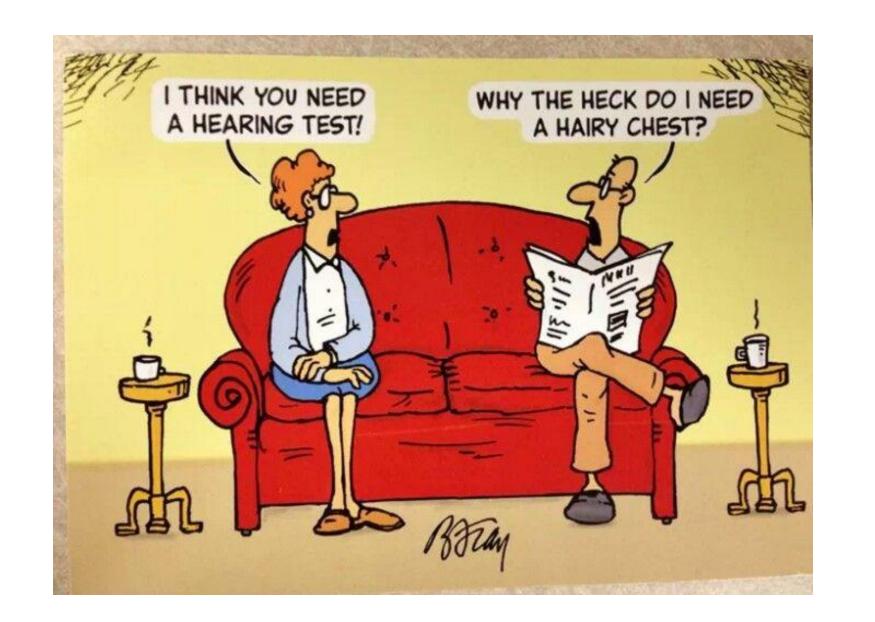
**BUT MOST IMPORTANTLY.....** 

#### PERCEIVE AND UNDERSTAND

## SPOKEN LANGUAGE

#### WHICH ALLOWS US TO

## COMMUNICATE with OTHERS



#### DIFFICULTY HEARING AFFECTS ALL SITUATIONS

HOME WORK SOCIAL BUSINESS COMMUNITY

#### AND CAN LEAD TO...

#### FRUSTRATION

#### DEPRESSION

#### SOCIAL WITHDRAWAL

## HEARING AIDS

## CAN HELP, BUT NOT IN ALL SITUATIONS

So, what is the GOOD news?

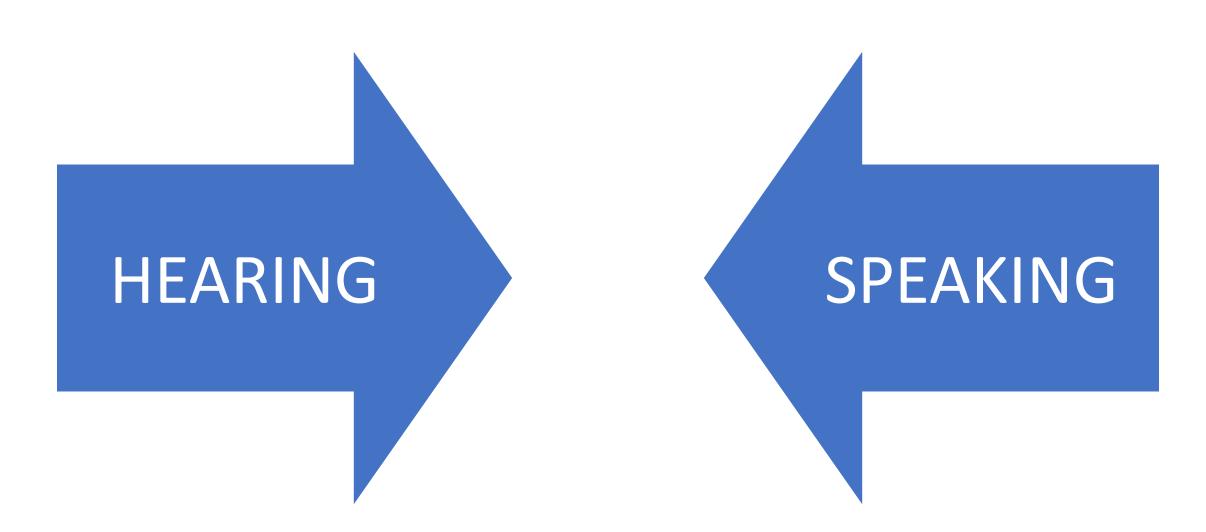


#### You have a conversational partner!



This Photo by Unknown Author is licensed under CC BY

#### YOUR CONVERSATIONAL PARTNER HAS A ROLE



## There are STRATEGIES that FRIENDS and FAMILY can follow to IMPROVE the CONVERSATION for the Person with Hearing

#### **GAIN ATTENTION FIRST**

SAY THEIR NAME

 They will be aware that you are speaking to them, and can give you full attention

• TOUCH THEIR HAND, ARM OR SHOULDER LIGHTLY

 They will not miss the first part of the conversation

#### FACE THE PERSON WITH HEARING LOSS

"SPEECHREADING" HAPPENS NATURALLY

### • ALLOWS THE LISTENER TO SEE FACIAL EXPRESSION

\*Remember to keep your hands away from your face while speaking\*

\*No food or gum in mouth\*

#### **EVALUATE THE ENVIRONMENT**

#### • GOOD LIGHTING:

Poor lighting causes shadows

Strong light from behind is sometimes too bright to look into

#### • LIMIT BACKGROUND NOISE:

Excessive noise makes it very difficult to hear and understand Turn off TV or radio if possible, at least during the conversation Might need to move to a different room or area

#### **SPEAK DISTINCTLY**

•SAY •EACH • WORD •SEPARATELY

#### **USE PAUSES**

TO ADD MEANING

ALLOW FOR PROCESSING OF INFORMATION

IT CAN TAKE A LITTLE EXTRA TIME TO PROCESS AND UNDERSTAND WHAT IS BEING SAID. PAUSING WILL ALLOW THE LISTENER TO "CATCH UP".

#### REPHRASE!

RATHER THAN SIMPLY REPEAT WHAT YOU SAID, SAY IT A DIFFERENT WAY.

IF YOU SAID "I'M FIXING DINNER", CHANGE IT TO "I AM COOKING YOUR SUPPER"

#### GIVE CLUES WHEN CHANGING SUBJECT/IDEA



#### **SUPPLEMENT YOUR SPEECH**

## SOMETIMES YOUR LISTENER WILL BENEFIT FROM USING AN APP OR TEXT TO HELP UNDERSTAND.

SMARTPHONES CAN BE USED TO PRINT OUT WHAT YOU ARE SAYING

What if you have a weak or very quiet voice?



<u>This Photo</u> by Unknown Author is licensed under <u>CC BY</u>

## "INTENT", NOT LOUDNESS, HELPS UNDERSTANDING

Speak with purpose and clarity

Clearly enunciate

You may need to over-articulate

If you have a very weak voice or poor speech quality....

See a Speech-Language Pathologist!

