



Kitchen Talk



Pickleball Association of Sun City Texas Newsletter

2016 PASCT Board Members

President Nancy Grafton	Vice President Don Hayes	Treasurer Gary Pinkston	Secretary VA Miller	Player Development Director Peg O'Toole	Communications Director Kathy Carr
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Volume 2, Issue 7

Fun, Friends and Fitness

July 1, 2016

From the Prez

By **Nancy Grafton**
PASCT President

It was nice seeing family and friends back East, but even better being back in Sun City, and seeing our pickleball “family” here. In the week we have been back, we tried to “pop” up to the courts every day to listen to your suggestions for activities for the remainder of the year, or just comments on how we can make your pickleball experience even better. Along the way, I heard a lot of comments about your disappointment at the CA’s decision not to allow our Club, and residents and guests of Sun City the use of tennis courts 11 and 12 for pickleball until more courts are built. Along with the disappointment came questions about what transpired during the negotiation process between the Tennis and Pickleball Club Board representatives (three from each Club).

So, for those who are interested, you can click on [Pickleball Club Proposal](#) to review our first proposal to the Tennis Club and [Tennis Club Final Offer](#) to see their final offer, as well as our response, which is highlighted in red.



Nancy Grafton
PASCT President

In the best interest of our members, we felt that we could not accept their final proposal, and when they did not respond to our counterproposal before the midnight hour, that left the decision to either the Sports Committee or the CA Board. And you know the decision. Obviously, a lot transpired in between, and all the emails that were sent and received between their Club President, Brent Baker, and Jim Romine and me regarding the sharing of courts, as well as my response to the CA Board following their decision, will be available in our Club’s history files.

While we were away, several events took place: Kudos to all the volunteers who “scooped up” ice cream treats to the more than 120 members who participated, and another big thank you to all those who volunteered and participated in the “mini tournament”, Simon skill classes, mentoring programs and intro to pickleball classes, as well as the NASCAR men’s social. The mixed doubles social for July has been temporarily postponed, but the ladies social in August is still on schedule. And watch for some one-day (2-hour events) for those of you who stick around for the dog days of summer.

Finally, we will be losing a great couple, Don and Lynn Hayes, to the state of Tennessee next week. As Vice President, Don has been an invaluable member of your Board, and they will be missed. Good luck, Don and Lynn, in your new adventure in life. At the recent Board workshop, Barb Patterson was nominated and accepted the position of VP through the end of the year. It is a pleasure to have such wonderful folks to work with!

See you on, or around, the pickleball courts,

Nancy

From the Ambassador

By **Chuck Flanagan**

Texas Central and South Central District Pickleball Ambassador

If you're like me, just hearing the word, "PICKLEBALL!", brings a smile to your face, your heart beats a bit faster, and your ears prick up for that unique 'poink' sound of the ball being hit by a paddle. Well, we're not alone. According to the USAPA Pickleball Fact Sheet 2015:



Chuck Flanagan

"Currently, the USAPA is conservatively tracking over 200,000 pickleball players and 9,863 pickleball courts in North America, with an average of 62 new places to play pickleball debuting across the U.S. and Canada each month!" And that's only in the US and Canada.

The USA Pickleball Association (USAPA) was formed in 1984 to: "...perpetuate the growth and advancement of pickleball on a national level." In 2010 a committee began efforts to make pickleball an international sport. The result of that is the International Federation of Pickleball (IFP). There are currently seven member countries in the IFP. These are:

Canada - <http://www.pickleballcanada.org/>

France - <http://pickleballfrance.org/accueil.html>

Great Britain - <http://gbpickleball.co.uk/>

India - <http://www.aipa.co.in/>

Spain - <http://www.pickleballspain.org/en/>

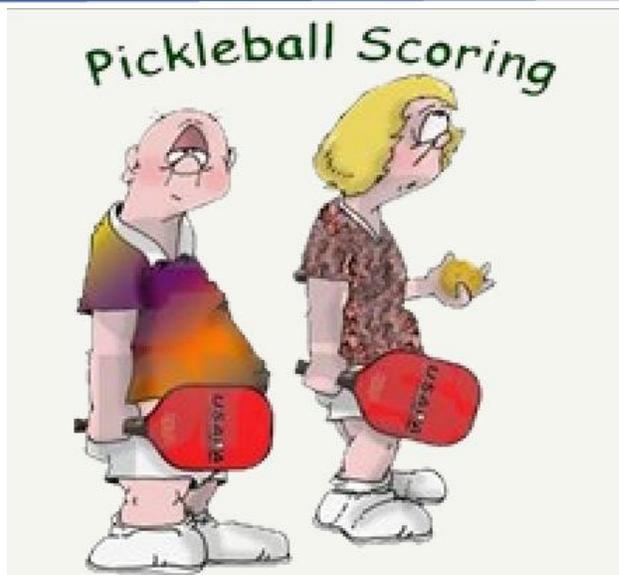
United Kingdom - <http://pickleball.org.uk/>

United States - <http://www.usapa.org/>

I was talking to Alice Tym (https://en.wikipedia.org/wiki/Alice_Tym) at the USAPA Mid-South Regional tournament last month and she mentioned that the first international pickleball tournament would be held in England in October (see the UK link above). If you're planning a trip there this fall maybe you could bring back some bling.

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"Okay, it's two-three-two. No, no, it's three-two-one. Or is it one-one-one. Oh my, can we just start over again?"

Club Announcements

By Kathy Carr

PASCT Communications Director



Summer Hiatus for Skills and Drills with Simon & Beginner Mentoring. Upon completion of their current schedules, both the Saturday Beginners' Mentoring Program and the Thursday Skills and Drills with Simon will go on summer hiatus until the first week in September. The last mentoring class for the current session is 2 July and the last Skills and Drills with Simon session will be 7 July.

Quarterly Pickleball Club Board Meeting – 13 July 2016. The quarterly board meeting of the Pickleball Association of Sun City Texas (PASCT) will be held at the Cowan Creek Pavilion on Wednesday, 13 July starting at 9 am. This is an open meeting in which all club members are encouraged to attend.



Tennis Courts Are for Tennis Only. Members are reminded that the tennis courts are reserved for tennis only. Pickleball cannot be played on the tennis courts. This includes the use of the backboard on Tennis Court #8.



Check Your Feet. A pair of men's loafers were left on the bleachers one week ago and have not been reclaimed. The owner can retrieve from the storage unit on Court 2.

Women's "Lounge Lizards" Mini-Tournament – Saturday, 20 August 2016.

Details to be published as soon as they are available, but ladies, now is the time to mark this fun event on your calendars. With a theme of "Lady Lounge Lizards" all women members are invited to participate in a morning mini-tournament. Comfortable loungewear with courts shoes and paddle encouraged. You will after all, play pickleball.



When the Going Gets Tough. The new rack system and traffic flow have done a lot to help relieve the long wait times we've experienced in the past, however, there are still times we must be aware of Court Rule 8.1 regarding Court Usage Etiquette:

8.1. During Club and Non-Club Time, if all courts are occupied and more than 8 players are waiting players must relinquish their court when 8 points are reached. Note: If there is an empty court, players do not have to relinquish their court when games reach an end, even if players are waiting.

Ice Cream Social Was Way Too Cool

By Kathy Carr

PASCT Communications Director



For the 122 club members who attended the Ice Cream Social on Saturday, 4 June 2016, it was not a typical night of staying home and playing cards. Nope, for these folks it was an evening of social engagement, ice cream eating and, of course, pickleball. We managed to consume 3 gallons of vanilla, 2.5 gallons of chocolate and 1 gallon of strawberry ice cream; 2.5 gallons of root beer, 5 cans of whipped cream and an assortment of nuts, syrups, and candies.

As with all Club events, we could not have sponsored this without the support of our volunteer members. Thanks so much to **Toni Briggs**, the event coordinator, and the following team of volunteers who gave of their time.

Lynn Anderson
Billy Blackman

Scott Brady
Denise Coraggio

Janice Cozart
Nadav Friedmann

Maria Sena
Randy Sena

Paul Straube
Judy Worth



The Dippettes - Maria Sena, Toni Briggs, Lynn Anderson, Janice Cozart and Denise Coraggio serve with a smile.

What came first – the smile or the ice cream?



Root beer floats & sundaes bring smiles to Alan Powdermaker, Phil Coraggio, Ozzie & Bob Worth and Beverly Kraska



Charlie Hagen chats with Denise Coraggio.



Jack Warner, Al Kitamorn, Maria Sena and Steve Timmons high five a game after enjoying their ice cream.



Dave Manley studies the history of the ice cream sundae.

Men's NASCAR Challenge - a Race to the Finish

By Richard Bradley
Tournament Director



The Men's NASCAR Challenge was held on 18 June with all eight competitors present. The introduction of players began right at 8:00am. Those in attendance were: Ron Longino, Billy Blackman, Robert Brown, Joe Torres, Randy Bayne, Keith Cadwallader, John Sena and Tim Sisk.

Teams were chosen by a blind draw. The teams were: Team # 1, Joe and Keith; Team # 2, Robert and Billy, Team # 3 Tim and Randy and Team # 4 John and Ron.

The first game was played in a round robin format. A Skill Challenge for most volley hits was played next. Team # 2 won that challenge with 19 hits before a miss.

The second game was played. The second Skill Challenge for most points from a serve into 8 hula hoops laid on the court. Team # 4 won that challenge with 3 points. The third game was played.

Team # 3 of Tim Sisk and Randy Bayne won all three games and came in first place.

All players were awarded a new car for their outstanding performance.

Speak Now or Forever Hold Your Peace

By Leon Hananel



At a wedding ceremony, the pastor asked if anyone had anything to say concerning the union of the bride and groom. It was their time to stand up and talk, or forever hold their peace. The moment of utter silence was broken by a young beautiful woman carrying a child.

She started walking toward the pastor slowly. Everything quickly turned to chaos.

The bride slapped the groom. The groom's mother fainted. The groomsmen started giving each other looks and wondering how best to help save the situation.

The pastor asked the woman, "Can you tell us why you came forward? What do you have to say?"

The woman replied, "We can't hear in the back."

Future Pickleballers at Kids' Camp

By Kathy Carr

PASCT Communications Director



The Pickleball Club played host to this year's Kid's Camp on two consecutive Wednesday's - 15 and 22 June 2016. If you haven't had the opportunity to volunteer to help run this event, consider doing so next year. I promise; it is quite the experience.

Starting promptly at 9:10 am, the first of 4 groups, each segregated by age, was ushered onto the courts. Every kid was uniformly dressed in their "Future Resident of Sun City" t-shirt and armed with a full bottle of water. Before any of them could react, Tom Hobbs, retired marine, bellowed out orders for them to line up for instructions on Court 3.



Tom Hobbs addresses the troops.

They dutifully stood on the white line and listened to safety instructions, one of which was to yell "ball on court" whenever an errant ball crossed their path. Soon after they were assigned to a court with two facilitators and set loose to "play pickleball".

It's obvious no one is going to learn the game of pickleball in a half hour, so for 30 minutes, each group pretty much swatted at pickleballs with the CA provided plastic paddles as though they were trying to catch butterflies. It was interesting to note, however, the varying capability in terms of eye-hand coordination and ball control among the 4 different age brackets.

As I traversed the courts to take some pictures, I heard one little girl in the 8-9 age group hit a ball and yell, with great enthusiasm, "Ball on Court." She picked up another ball, hit it and again yelled, with a similar level of enthusiasm, "Ball on Court." June Sewell patiently approached her and said, "No, Honey, you don't yell "ball on court" every time you hit the ball, only when the ball gets away from you and rolls into another court." I continued onto another court to take pictures.

A little later, as I was walking back across the courts, I heard a familiar voice. Yep, the same little girl. This time she was yelling "Ball in Street". I corrected her and noted that the proper call is "ball on court". She had me dead to rights when she pointed beyond the fence line to the road and replied, "No, he just hit the ball in the street."



Bill Tomlinson and Janice Cozart follow the glide path of a high lob by one of their trainees.

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While it was expected, I still appreciated the improved abilities of the most senior kids, 10-11 year olds. I was amazed when Tom Hobbs asked this group how many had played pickleball before either in school or at a YMCA. All hands, but two, raised up. I can't help but think that with a little more time, these kids could have competed in a game against any one of us. Ah yes, there is hope for the future residents of Sun City.

Once again, our volunteers made this event the success that it was. May thanks to:

Richard Bradley
Janice Cozart
Mike Hausman

Charlie Hagen
Marcelle Hagen
Tom Hobbs

June Sewell
Tom Sisk
Bill Tomlinson

Joe Torres
Beverly Wilson



Mike Hausman



Marcelle Hagen



Bev Wilson



June Sewell



Joe Torres

Fred's Corner (One Man's Opinion)

Fred Kandel

Contributing Writer and Member of the PASCT

Several months ago I wrote an article about how the Pickleball Club was a microcosm of America. How we are all immigrants in Sun City, and how people from many different backgrounds have come together, to play what has become an Orthopedist's dream come true. As our club has grown, many have stepped forward as volunteers, while some have dedicated much of their free time to help govern our club, otherwise known as our elected officials.

It took less than 2 weeks for highly educated, wait a minute, I mean old people to learn how to move from court 4 then 3, 2 and 1, and the system works great. However, every good idea also comes with unintended consequences. The area between Courts 4 and 5, has become the center square, the hub of activity, the meeting place, the resting place, and most of all the place for fun, interesting, troubling, informed as well as uninformed conversations. And last of all a place to air grievances. You can hear everything from politics to terrible jokes. And most recently, the following complaints were verbalized:



Fred Kandel

1. There are too many animals showing up that should be on leashes or should not be left unattended. The complaint really had to do with the fact that the animals were not following the rules and were putting their paddles on the lowest shelf, which was confusing other players about whose turn it was to play. I saw one dog try to put his racquet on the top shelf, but he couldn't jump that high, and the dam rabbit refused to play with the dog because the dog had not gone through training classes. I would put my money on the dog simply because I have nothing to say about rabbits. I have yet to see any of the pets pull their paddles out of the rack or make any complaints about the courts, lights etc.

The underlined part of point one is true, the rest is somewhat questionable.

2. Some people (I won't say whether it is men or women), are being criticized for wearing a bikini top with shorts to play our sacred game. This is being viewed as inappropriate and denigrating to the game of pickleball. But then again how can you denigrate a game in which part of the name is pickle? From a man's point of view, softball is much worse. I am only speaking for me but, we do have some men that would look pretty good in a bikini top. As far as women in these tops, what is the big deal. They are worn to workout, swim, walk etc. If this is affecting your game, perhaps you need to concentrate more on the ball.

Again the underlined part of point two is true, the remainder is merely an observation of a bikini enthusiast.

3. Again a clothing issue. The complaint was that some people (I am not saying whether this is about men or women), are wearing shorts that are either too tight, too short, or both. Today, while playing pickleball, I carefully and objectively viewed the compendium of shorts being worn by both men and women and concluded that this was not about the men. In some cases, I saw shorts so big, that two men could have fit in them. I have come to the conclusion that the complaint was about the women. I am also guessing, based on the fact that I am a man, and have spoken with other men, that few of us complain about shorts that are too short or too tight on women. So, if A=B and B=C, this complaint is from either a man or woman about another man or woman. Wait, I got the formula wrong: it is either F>M or M>F, or F>F or M>M.

For the third time, the underlined part of point three is true. The rest is conjecture and observations of this writer.

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4. Lastly, there are complaints about people smoking. This is the touchiest subject as smoking can have a very negative affect on people who don't smoke, whereas bikini tops and short tight shorts only have a sometimes positive, if short lived effect on men, not necessarily men in Sun City, although it is possible that it could affect them, but here I digress. People still have right to smoke, although the places to smoke are fewer and fewer. Objecting to someone smoking in the street is probably not right. Although I am not a smoker, smokers do have rights, and going out to the street to smoke is certainly being very conscious of the feelings and health of others.

In business if you come to a board meeting with a complaint, you normally also have to bring a solution for the complaint or problem. The only solutions I see right now are as follows:

1. Create a pickleball dress code. I would vote to eliminate all the colorful shoes being worn and perhaps even the colorful clothing. Perhaps go to all whites. We can also create a test for short tight shorts. But this raises a very important question; who would do the testing of the shorts. **If we do these things do we not become tennis players? What am I thinking?**
2. Smoking would be outlawed within 200 feet of the pickleball courts. (can't be done)

Do we really want more rules and regulations? We don't even follow them now in some cases, or we follow only those that we want to follow. We have the right of free speech which includes the freedom to complain. This also gives us the freedom to ignore these complaints. In fact, I recommend we have the following social events:

1. A Tight Shorts Night sponsored by Johnson's Baby Powder
2. Bikini Top Night sponsored by the men of the Sun City Pickleball Club
3. Cigar Night at which you must smoke a cigar while playing a game of pickleball.
4. Pet Night. If major league baseball can have pet day so can we.

All those offended need not sign up.

In order to give equal time and opportunity we would also have the following social events:

1. Baggy shorts night sponsored by Scott & White Old Age Home
2. Single piece bathing suite night (couldn't find a sponsor)
3. Hard Candy Night (for those who need something to suck on)
4. No Pet Night

We have a great game, a great club, and great people. If these are the biggest complaints we have as a group, we are in great shape. If you are that bothered by bikini tops, short tight shorts, or smoking, I suggest that you go directly to the person who might be offending you and talk to them. Don't ask the officers of the Club to do what you can't. These are not club problems. There are personal problems.

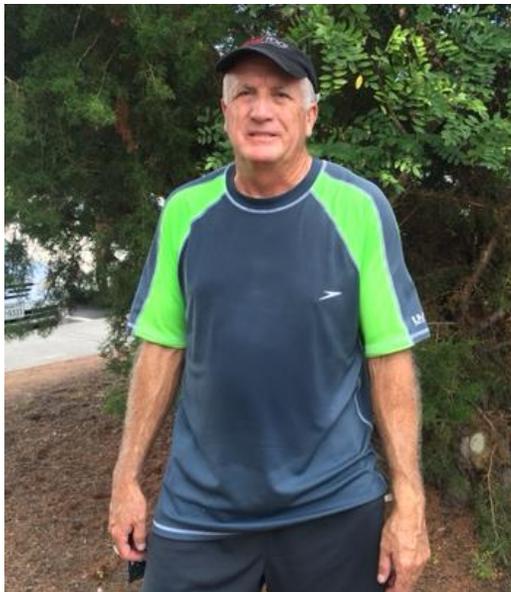
As usual, the opinions expressed by me are mine and mine alone. Remember, I am very sensitive and do not like any criticism of my work, so if you have a problem tell my wife. She will yell at me for you. If you like the articles tell me.

I WILL BE MAKING A SPECIAL ANNOUNCEMENT IN THE AUGUST NEWLETTER. IT WILL BE HUUUUUUUUUUUGE!

Volunteer of the Month Spotlight – Paul Straube

Submitted by Lee Miller

Simon Manager



Over the last month, Paul Straube has been standing in for Clark Grafton as the Club's Maintenance Chief. He was recently nominated by Lee Miller and subsequently approved by the Board of Directors to be recognized as the July 2016 Volunteer of the month. Lee's nomination submission states:

I think Paul must be working at the Pickleball courts 2 to 3 times a day, checking on not only maintenance items, but cleaning the courts, checking the status of equipment, checking the courts before and after storms, and I'm sure that's not everything.

On June 7th, about 2:30 pm it was hot and humid, I went to check on power to Simon, and there was Paul. He had the hose out, washing the courts, cleaning the blower, and he had other maintenance equipment out, cleaning the tables and bleachers. I asked if he needed help, and he said, "Naw, I am just finishing up and everything is done".

Paul only mentions what he is doing if asked. He has never once complained or bragged about the things he is doing. He seems happy to help the Pickleball Club in any way he can. He is impacting the

club and its members by keeping the courts free of debris, upkeep of the equipment and safety by continued maintenance. Paul is really going above and beyond by helping our members safely enjoy playing pickleball.

Ed. Note: During the month of June, Paul also supported the Beginners' Mini Tournament and the Club's Ice Cream Social. For the tournament, he drove to Jimmy Johns to pick up sandwiches for the participants and helped set up tables for lunch. For the Social he transported tables, helped with set up, iced down the water, went to HEB to pick up the ice cream, and helped with clean up. Another of our unsung heroes, his contributions to the Club run deep.

A Little About Paul from Paul (which is like pulling teeth).

I moved to Sun City 3 years ago from Oklahoma City where I had lived for about 55 years. I was an Oklahoma City Firefighter for 29 years and very much enjoyed my career. The most important call I made was the bombing of the Murrah Federal Building in 1995. I was about 1 mile away when the explosion happened. I was on duty and one of the first responders on the scene. It was a horrible tragedy that happened that day.

I enjoy riding bicycles and once rode my bicycle across the United States. With the exception of Delaware, I have also traveled to all 50 states in an RV over the last 7 years. Last summer I traveled all the way to Alaska with a group from the Sun City RV club.

I had never heard of pickleball until I started looking at Sun City as a place to retire. There are no places like Sun City in Oklahoma. I really don't care much for pickleball (lol). If I'm really bored and have nothing else to do, I might come to the courts and play a couple of games. Pickleball is great social sport where I have met a lot of nice people and made some good friends.

Ed. Note: imagine how well Paul could play if he really cared for pickleball.

Pickleball Open Play: Playing Up and Down

Submitted by Gary Pinkston, PASCT Treasurer, from Sarah Ansbury's Blog



Coming from tennis I wasn't quite sure how pickleball open play worked. In tennis we set up our games and didn't mix around a lot. I recall the first time I went to the courts near Surprise which were hosting one of my first tournaments.

My partner and I were trying to find a game during warm-up. Would someone let us in? Luckily I asked the right person, "How do we get a game?" And to this day she is one of my closest friends. She was so happy to let some new players in and she was a 5.0 player without a clue who we were.

Pickleball Open Play

Sometimes I will go to places and it's not always easy to jump into open play. At times someone will invite me to play, but will intentionally exclude the person I am with. I don't like that. I understand that we all want good practice and we want to keep it challenging. I realize that people feel that they will improve more if they "play up". In fact, I play better when I play up. However, I believe you can do both...practice and play.

When I am at open or recreational play I am all about having fun and playing multiple players and I don't really care what level I am playing with or against. When I play a lower level player I want to give them the experience of playing with someone more consistent so they can play some longer points than they are used to. I don't intentionally smash a high ball at them to intimidate them. Likewise, if the two players are of differing skill levels, I try to mix it up. I don't avoid the stronger player and pick on the weaker player. Nor do I exclude the less experienced player. This isn't a competition. We aren't playing for a title or money...this is supposed to be FUN! I want them to see a stronger player reaching out to other levels that need more experience so that when a new person comes in they will welcome them into the group.

Open Play vs. Competitive Practice

When I want competitive practice, I set up a time outside of open or recreational play. It is usually a group of 4-6 and it is about playing back to back and maybe playing with a certain partner. We will intentionally look for courts that aren't in use or a time when the courts are not used for open play.

From time to time, someone might wander by and want to join. I explain we are practicing but they can join us for a game or two. I'm lucky because the players I typically practice with are very welcoming of new players. However, occasionally, a player may groan a little or give me the evil eye. But I remember that I was once that player that players groaned at, and I remember exactly how it felt. I felt disrespected when a player would not play very well on purpose, or would be focused on a game in a nearby court that they found more interesting. (I also remember how good it felt when I am able to surprise them with my ability.)

My goal whenever I go to open or recreational play, is to have fun and to help the people I am playing with to have fun too. I am going to give the person in front of me the respect that everyone deserves. We all love this game. We all want it to grow. Let's go have some fun!

Great Day for Pickleball

Submitted by Clark Grafton, Maintenance Chief

It's a great day for Pickleball. The courts are clean; the nets are set at the right height. Do you know why? Well, there are a group of volunteers who have offered to help with all the different tasks that pop up so we can keep making pickleball a great experience for you!

While you are playing, notice that the nets are all at the correct height thanks to Larry Hudson, who, with his trusty yardstick, checks and adjusts all the nets every few weeks.

While Nancy and I were on vacation recently, the "go to" person was Paul Straube. And he really got a workout with all the wind and rainstorms wreaking havoc on the screens and canopies. And when it wasn't raining, the birds used Courts 1 thru 4 for "bombing" runs, which disappeared thanks to Paul and our new water hose (compliments of John Steele).

If anyone falls and needs a bandage or an ice pack, never fear, the first aid kits are well stocked with everything except a doctor inside, thanks to Dave Manley. If you need to locate either the first aid kits or the AED machine, thank June Sewell as she is the one who posts the signage around the courts.

If you forget your paddle and must use one of the loaner paddles that were donated by club members, look at the new grips on the loaners. They don't get magically regripped. Thank Brad Duffy.

If you have enjoyed the shade under the canopies - well, at one time we had two. One was destroyed by unexpectedly high winds and rain. But who put the canopies down when storms developed and back up when sunshine returned? Assisting me were none other than Lorenzo and Mary Perez, Keith Cadwallader, Don Hayes, Scott Brady, Paul Straube, Fred Kandel, Lee Miller, and Nancy Grafton.

Have you noticed that the wind screens are always tied up and not hanging loose, flapping in the wind? Assisting me are Jim Wilson and David Rudes.

Oil on the courts? Not so much. Ron D'Entremont has volunteered to scrub off the oil when it becomes hazardous. Ron has a special solution that he uses (thanks to his wife, Wendy).

So if you showed up to play Pickleball and the courts had puddles of water from the rain. Never fear Phil Coraggio is there. Phil knows the combination to the storage unit that houses the wet vac. He is one of our all-around volunteers who, in addition to working around the courts, trained others with Lee Miller on the Simon machine when it was first introduced.

Without the assistance of another volunteer, I would have taken a long walk off of a short pier: Lee Miller has assumed the position of being in charge of the Simon machine. If Simon acts up, he fixes it. If Simon isn't put away the correct way, he goes looking for the guilty party. Lee has helped run clinics using Simon which have turned out to be well received by our members.

When you see the folks mentioned above, please give them a thumbs up. I know that being in charge of maintenance has made the job a whole lot easier for me.

Welcome New Members

By Barb Patterson
PASCT Vice President

Here is a list of the 9 new members who joined our pickleball ranks within the last month. That brings us up to 483 active members. Please welcome these folks when you see them on the courts.

New members are encouraged to contact Nancy Grafton, the Club president to become officially pickled – that is, you will be presented with a welcome letter and a hat pin pickle to recognize your new membership.

Russell Callarman	Everette Hartzler	Jorja Schraeder
Jacqueline Carey	David Jenkins	Jerry Sharp
Janet Emerman	Patricia McNeil	



The Long and Short of It.....

Submitted by VA Miller

This is what all of us: 70+, other seniors, and kids (south of 60) have to look forward to!! This is something that happened at an assisted living center.

The people who lived there have small apartments, but they all eat at a central cafeteria. One morning one of the residents didn't show up for breakfast so my wife went upstairs and knocked on his door to see if everything was okay. She could hear him through the door and he said that he was running late and would be down shortly so she went back to the dining area.

An hour later he still hadn't arrived so she went back up towards his room and she found him on the stairs. He was coming down the stairs, but was having a hell of time. He had a death grip on the hand rail and seemed to have trouble getting his legs to work right. She told him she was going to call an ambulance but he told her no, he wasn't in any pain and just wanted to have his breakfast. So she helped him the rest of the way down the stairs and he had his breakfast.

When he tried to return to his room he was completely unable to get up even the first step so they called an ambulance for him. A couple hours later she called the hospital to see how he was doing. The receptionist there said he was fine, he just had both of his legs in one leg of his boxer shorts.

