



Kitchen Talk

Sun City Texas Pickleball Club Newsletter

March

FROM THE PRESIDENT



Barb Patterson

About five years ago, Kathy Carr and I were playing in a big tournament in Hot Springs, Arkansas. We were in an extremely close 3rd game of a gold medal match, up 10-9, and we just couldn't seem to get that last point we needed. I called a time-out, walked over to Kathy and said, "Today is my birthday (that was true, but she didn't know it). And all I want for my birthday is a gold medal." She screamed (those of you who know her can imagine this), **"ARE YOU KIDDING ME?"** We both cracked up. Then we relaxed, chilled out and went on to win the next point, clinching the gold medal win. It was a fun time that I'll never

forget. We still laugh about it.

Why am I telling you this story? Well, because I have heard some members say that they are only playing for fun, unlike "tournament players." Ok, I'll admit it; I am a "tournament player." But I play tournaments because for me, they are FUN. If I wasn't having fun when I play pickleball everyday at our courts, or at a tournament, I simply wouldn't do it; I'd take up some other hobby. And for those of you who say that you're "not competitive," you're only there for fun, here are a couple questions. Are you keeping score? Do you like it when you get to 11 first? Regardless of skill level or how often we play pickleball, we all are on the courts to have some fun, laugh with friends, and compete.





FROM THE PRESIDENT (CONT.)

We have plenty of divisiveness in this world without carrying it out onto the pickleball courts. Our club is composed of a wide variety of skill level players, from brand new novice players through some high-level advanced players. But despite those differences I'll bet we can agree on a couple things:

- 1) We want those Northpoint bathrooms to get fixed
- 2) We are all in it for "Fun, Friends and Fitness"

Along these same lines, you may want to join a local organization called "Georgetown Pickleball Association" which promotes pickleball in our area. The association has suspended membership fees (that's right - it is FREE to join) and has a tagline of "Fun, Fitness and Community." To learn more, click on their [website](#).

See you on the courts (I'll be the one laughing),

Barb Patterson

CLUB ANNOUNCEMENTS

TREASURER'S REPORT SUBMITTED BY D'LES LONGINO

SCTPC: (January - 2023) Financial Syn



The Club began the month of January with a cash balance of \$6,472.55. Income totaled \$20,040.00 all from renewals or new memberships.

January expenses total \$720.77; maintenance \$276.85, first-aid \$36.12, member relations \$13.81, court reserve \$231.00, Arlo \$3.19 and zoom \$159.80.

We had a monthly net gain of \$19,319.23; with cash balance of \$25,791.78. As in the past, January reflects a cash windfall from membership renewals providing the primary source of annual operating income for the club.

Paid members through the end of January totaled 1,322.



CLUB ANNOUNCEMENTS (CONT.)

WELCOME NEW MEMBERS!

FIRST NAME	LAST NAME
Dave	Ayers
Stephanie	Barker
Gary	Barnes
Diane	Bartulevicz
Sheila	Bowman
Tom	Bowman
Bob	Braun
Linda	Braun
Danielle	Burch
Carol	Cain
Valerie	Cofer

FIRST NAME	LAST NAME
Susan	Euresti
Anna	Fijewski
Brad	Gaeddert
Tracy Kruse	Gaeddert
Aaron	Hove
Gayleen	Hove
Thomas	Lahme
Robin	Land
David	Lupia
Debra	Martin
Pat	McKenna

FIRST NAME	LAST NAME
Greg	Meyer
Wendy	Moosavi
Jill	Morgan
Bob	Nelson
Sandy	Nelson
Glory	Novak
James	Sellers
Teresa	Stimson
Bob	Stine
Michelle	Terrell
Rick	Williams

At press time, total number of club members is 1,393.

2023 MEMBER SURVEY HAS BEEN COMPLETED!

The 2023 Member Survey closed on February 20th. Thanks to everyone that took the time to complete the survey!

It will take a little time for us to get the full, detailed responses from CA IT, and then to analyze the responses, particularly the text from the two “open ended” survey questions. Once we have had time to review and analyze the results, we will make our analysis summary available to all members. We will also make available a summary of the actual survey question responses.

Just to whet your appetite, here is a sample of a few survey statistics and responses.



CLUB ANNOUNCEMENTS (cont.)

AND THE SURVEY SAYS...

- 479 members completed the survey (about 35% of membership at the time of the survey).
- The largest proportion of respondents (70%) identified as Intermediate, 18 % as Beginner or Novice, and 12 % as Advanced.
- Over 78% of respondents play more than 2 times a week.
- Almost 43% of respondents prefer playing at North Point.
- Almost 55% of respondents have played in at least one league event.
- Less than 10% of respondents wanted us to discontinue Skill Level Play.
- Over 50% of respondents would be or might be interested in having challenge courts.
- Almost 55% of respondents felt open play should be available at all three court complexes, and almost 45% felt reservations should be available at all 3 court complexes.
- The highest ranked proposed method for raising money for a Club capital fund was Hosting Multi-day clinics, followed by Raising Club Dues, and then by Hosting One or More Tournaments Inviting Non-resident Participants

There were 391 responses to the two “open ended” questions (number 25 and 26), many with more than one distinct topic. We will review, categorize, and consider all of them.

We hope this sample summary of responses for a few questions piques your interest. We will communicate when a full analysis and summary of question responses are available, and expect to post them to our CA Club website. After the Club board has had time to consider all of the results, we will communicate any proposed changes to court usage, scheduling, events, etc.



Volunteer Appreciation Dinner

On February 3rd the Club had a Volunteer Appreciation Dinner to thank all those that volunteered in some capacity to help the Club during 2022. There were 143 members that volunteered to support Club events and activities such as training classes, Club tournaments, social activities, the Paddle Demo day, round robins, leagues, court maintenance, and so many other things. Many volunteers helped with more than event or activity.

Ninety volunteers and eighteen of their guests were able to attend a fun evening of socializing and enjoy free salad, pizza, and desserts served up by the Club board members. In addition to thanking the volunteers for their service, Barb Patterson (Club President) presented a video showing the volunteers in action.

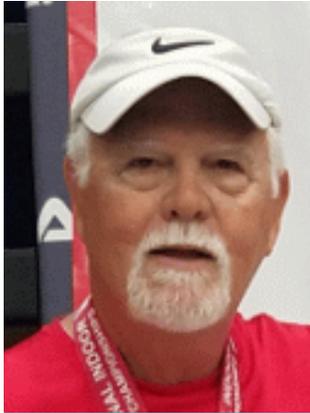
When you have a Club as large as ours, there is simply no way that it can be successful without the efforts of these volunteers. As we continue through 2023, if you are interested in volunteering in any capacity please reach out to any board member.

Here is the link to the "Thank You Volunteers" video - [Click to see video](#)





FROM OUR PICKLEBALL FRIEND



Chuck Flanagan

Last month I mentioned the Cedar Park Paddle Battle tournament and promised more details in March. I've since talked with Tim Dean, the tournament director, and here are the details you need to know.

Early registration announcement for last year's referee volunteers (there were 20 of you) has already gone out. The deadline to respond was February 17th.

Public Registration starts on **March 7th**.

Events Schedule:

Wed May 10th - MD 3.0; MD 3.5; MD 4.0 & up (60+)

Thurs May 11th - MXD 3.0 (FULL); MXD 3.5; MXD 4.0 & up (60+)

Fri May 12th - WD 3.0; WD 3.5; WD 4.0 & up (60+)

Sat May 12th - MD & WD 4.0; MD & WD 4.5 / 5.0 Combined

Sun May 14th - MXD 4.0; MXD 4.5 / 5.0 combined

There will be two referee clinics prior to the tournament: Monday, April 17, from 1800-2100 and Tuesday, April 18, from 0900-1200. Both clinics will be held at the Cedar Park Rec Center. To register for one of these Free clinics, Email Tim.Dean@cedarparktexas.gov

USA Pickleball has developed a Sportsmanship Guide whose purpose is to encourage behaviors that reflect foundational values of good sportsmanship, respect, fair play, and graciousness in winning and losing. Click [Here](#) to link to the guide:

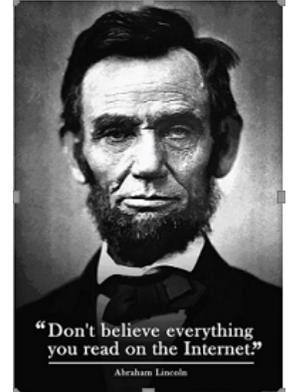


PICKLEBALL FRIEND (cont.)

Rules:

Let me start this particular discussion by reminding everyone of a very famous quote by Abe Lincoln: *“Don’t believe everything you read on the internet.”*

Now to the meat of this discussion. There continues to be a lot of confusion concerning the 2023 rules changes. Most of this confusion comes from various internet sources in the form of forum postings and blogs. The most recent ones I heard from club members concerned the Non-Volley Zone (NVZ).



Q: Is the new rule making a serve that hits the NVZ line ‘good’ effective on the 1st or the 31st of January?

A: The answer to the first of these is that although someone did submit this to USA Pickleball as a proposed rule change, *“If a ball hits a line, it’s in; play it. This includes the line marking the non-volley zone.”*, the rules committee and board both disapproved it for several reasons, not the least of which was, *“Also, technically the way this is written would mean a ball hitting the NVZ sideline would be in.”*

Q: Someone claimed that a ball served into the NVZ is a good serve according to the ‘new’ rule. Is that true?

A: No. There were no proposals to make this change.

Final answer: the rules governing the NVZ have not changed (4.A.2.).

If you’re interested in the rule change process or looking and some of proposals submitted, here are two links that will give you a lot more insight into the rule change process. The first link goes directly to the NVZ rule proposal above. and you can see it by clicking [here](#). You can also click on “View Comments” at the bottom of that page to see what other people had to say about it.

The second link, which I shared in November’s newsletter, goes to the main rules changes page. You can view all the proposed changes and comments by clicking [here](#). there.

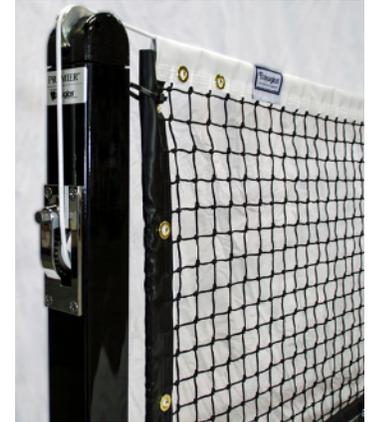


PICKLEBALL FRIEND (cont.)

Q: A player hit the ball into the net post and it then landed in the opponent's court. Is that ball still in play?

A: No, it immediately became a dead ball and it was a fault on the player who hit the ball.

"Rule 11.K. Net Posts. The net posts (including connected wheels, arms, or other support construction) are positioned out of bounds. It is a fault if a player contacts the net post while the ball is in play." It's also a fault if a player (and/or paddle, clothing, etc.) contacts any part of the net/system while the ball is in play.



Q: My question was what to say to properly begin a game. I think we all should get in the habit of saying what the rules tell us to say. That way we will be confident regardless of the seriousness of the match. My understanding of the rules is that a match begins the way all points begin. That is, state the score. In this case the first server says 0-0-2. I could not find the word 'start' anywhere in the rules. Does this mean saying '0-0-2 start' would be an improper score called? Would a loss of point be invoked?



A: This is clearly stated in Rule 4.J., "... To start each game, the score will be called as "zero - zero - two." Despite this, however, several years ago people started saying, "zero - zero - start." This became so common that I recently saw a comment on a pickleball forum saying that the rule about using, "zero - zero - start", had changed. The only problem with that comment is that it has never been a rule. Which only goes to prove that Abe was right...honest!

Q: I was watching an MLP tournament recently when Tyson McGuffin was called for a service foot fault when his foot crossed over the centerline in the air. Is that right?

A: No, that should not have been called unless he was touching the baseline, the court itself, or the playing surface on the other side of the imaginary extension of the centerline when he struck the ball.



PICKLEBALL FRIEND (cont.)

Q: Opponent served the ball low and hard and the ball actually went thru the net and landed in the service court. What's the call?

A: I saw that opening last week when our opponents did the same thing (Court 6).

The answer is that it's a fault on the player who hit the ball. Although rule 11.L.5.d. says that, *"Any malfunction of a net system during play shall be considered hinder."*, (leading to a replay). In this case it's not really a 'malfunction' and because the hole is below the tape, the ball would just have fallen down on that player's side of the court, as opposed to hitting the top of the net tape, going over, and remaining in play.

Party Tip:

"Any cocktail can be a shrimp cocktail if you put your mind to it, and if you carry lots of loose shrimp in your pocket."

Musical Musings:

Ric Hutchinson, our Director of Player Development, had a song in last month's column ("It's a big Club after all"), so I thought I'd take a shot at song writing and invite everyone who is interested to write a verse of their own. Send your contributions to: Chuck.Flanagan@Gmail.Com. I promise that I (probably) won't ask you sing it in public.

You Get a Paddle and I'll Get a Ball

(Tune of 'You get a line and I'll get a pole')

You get a paddle and I'll get a ball, honey.

You get a paddle and I'll get a ball, babe.

You get a paddle and I'll get a ball,

We'll go play some pickleball, honey oh baby mine.

You hit a serve and I'll hit a drop, honey.

You hit a serve and I'll hit a drop, babe.

You hit a serve and I'll hit a drop,

We'll keep playing and never stop, honey oh baby mine.





PICKLEBALL FRIEND (cont.)

They hit a ball and we called it out, honey.

They hit a ball and we called it out, babe.

They hit a ball and we called it out,
That's what the game is all about, honey oh baby mine.

You hit a drive and I'll hit a dink, honey.

You hit a drive and I'll hit a dink, babe.

You hit a drive and I'll hit a dink,
They'll be buying all the drinks, honey oh baby mine.

We hit a ball and they called it in, honey.

We hit a ball and they called it in, babe.

We hit a ball and they called it in,
That's eleven and we get the win, honey oh baby mine





TRAINING & DEVELOPMENT



By Ric Hutchinson, Director of Player Development

Well, here we are at the beginning of our third month of the year and the Player Development Team continues to be swamped with requests for training. I don't know if it's because we're in a new year, or that people are remembering that they made New Year's resolutions, or just the excitement of the fantastic sport of pickleball, but we continue to be overwhelmed with requests for training.

As I mentioned last month, we are in the process of expanding the Player Development Team to allow us to accommodate all the requests for training and organized play we are receiving. Fortunately, this is a great club with great members, several who have answered my call (it may have been a scream) for help. At this time, I'd like to introduce you to the members of the Player Development Team.

Peg O'Toole is the Introduction to Pickleball Director, and as always will be assisted by Judy Blackman.

A Dynamic Duo (who wish to remain anonymous) are co-Beginner Training Directors.

I will continue as the Supervised Novice Play Director for now. Any volunteers?

Mary Payne and Jan Baldwin are co-Directors of the new Skills and Drills Program. (More about that later.)

Sandy Piland is the Director of Train the Trainer Program. She is assisted by Rick Piland.

Liz Blount is the Training Administrator. She is the main contact for members wanting to enter the Introduction to Pickleball, Beginner Training, and Train the Trainer Programs and is also responsible for scheduling those events.

Rita Danklefts is the Supervised Novice Play (SNP) Administrator. She maintains the SNP evaluations files and assists the SNP Director.

Jan Fambro is the CMARS Administrator. She is responsible for maintaining the CMARS files on those members involved in Club training, and assists in setting up training events in CMARS.

Teresa Moen is the Player Development (PD) Administrator. She is responsible for maintaining our Player Development database and will work with the Player Development Director as requested.



TRAINING & DEVELOPMENT (cont.)

Brian Loynachan is the Director of Ball Machine Operations. He is responsible for ball machine training and all other aspects of ball machine operations.

Cammie Wait is the League Director. She is responsible for all league play and oversees the league coordinators.

Terry Kennedy is the Round Robin Director. He is responsible for all round robins and oversees the round robin coordinators.

Jerry Fronczak is the Tournament Director. He is responsible for club tournaments and is assisted by Barb Patterson, Allie Bower, and Tory Basque.



Ric directing the Player
Development team

Here is an update of what we did in February and some discussion of what we are looking at in the future.

Program Updates

Introduction to Pickleball. In February Peg O'Toole and Judy Blackman taught **3** Intro to Pickleball classes. Due to the number of requests for training currently being received, these classes are currently scheduled to be held a minimum of 2 times per month through May.

Beginner Training. In February we completed Beginner Training Class 103 and started BT 104. Due to the large demand for training, we have scheduled BT classes 104-109 into May of 2023. At the time of writing this, BT classes 104, 105 and 107 are full. Here are photos of the graduates of BT Class 101 and BT Class 102.



TRAINING & DEVELOPMENT (cont.)



BT 101

From top left to right: Alice Clemons, instructor, Pattie Schade, Pat Garland, Sharon Buford, Jim Proctor,

Middle left to right: Ron Ciarla, Mary Curtis, Launa Elliwood, Lisa Medina, Deb Carr

Front left to right: Cheryl Janssen, assistant instructor, Karen Pickels, assistant instructor, Hannah Nguyen, instructor, Kaycee Harris, Heidi Maupin, Sandy West



BT 102

Left to Right - Carl Nestinger, Bonnie Lankford, Steve Chappelle, Jim Turner, Regina Nestingen, Jonathan Kern, Rebecca Jungen, Mel Baird, Jerri O'Roke, Dianne O'Brien, Zoe Zieman.

Not shown: Lisa Medina. Instructors: Sandy Piland, Rick Piland Assistants: Terry Kennedy, Gary Dennett



TRAINING & DEVELOPMENT (cont.)

This brings me to an exciting announcement. **EVENING CLASSES.** Many of our members are still working and we have been receiving an increasing number of requests for evening BT classes for those members. We are pleased to announce our first 2 evening BT classes. BT 106 March 27 – 31 and BT 108 May 1 – 5. These classes will be held from 7:00 – 8:30 pm on NP Courts 11-13. Members who would like to register for one of the evening classes should include that request in their email to Learnpbsctx@gmail.com.

Supervised Novice Play. Since the first of the year, we have graduated 49 students from SNP, bringing our total to 588 graduates since the program's inception in 2020. We currently have 64 active students: 6 in Group A, 15 in Group B, and 43 in Group C. Continued thanks to our staff of volunteer coaches who are out on the courts each day mentoring our newest players.

Train the Trainer Program. This is a 6-hour program that provides participants with an overview of current course curriculum; introduces technique and practice for feeding balls to ensure student success; practice teaching skills and “detect and correct” skills for improper technique. After completing the class, graduates shadow experienced coaches in Supervised Novice Play and start as assistants to primary Beginner Training instructors. If you think you have what it takes to teach new members how to play pickleball, contact me about this class.

Skills and Drills. I know it seems like we have been promising this program forever, but I guarantee you it will be worth the wait. Skills and Drills is scheduled to begin on May 2. More details will be provided next month and through an Eblast. Meanwhile, get ready to really work to make yourself better.

Round Robins. The round robins continue to be very popular with the majority of the sessions filling up within a few minutes of opening. At this time, we plan to continue the round robins in their current format.

NOTE: Please remember that the club policy is that you may only register for one round robin per week. There is one (AND ONLY ONE) exception to this policy. In the event a RR is not full 24 hours before the scheduled start time and there is no waitlist, a member may register for a second RR that week.





TRAINING & DEVELOPMENT (cont.)

Leagues – The Spring Team Pickleball League will start on April 3.

Registration for the Spring Pickleball Leagues starts March 6 at 8:00 am in CMARS. We are adding a 2.5 league this season and hope that there is enough interest to fill this league. League play starts the first week of April and will last 8 weeks (week of May 22). Life happens, but look at your calendars to assure availability through the end of the event. We need lots of subs so please register on the standby list once the league fills.

The teams will consist of two men and two women and will play a men’s doubles, two mixed doubles and a women’s doubles. Once a week, each team will play a different team in the league with the final week being a playoff with teams playing in the order of their ranking

League	Day Played	Start Date
Team PB 3.0 (Low Intermediate)	Monday	April 3rd
Team PB 4.0+ (Advanced)	Tuesday	April 4th
Team PB 3.5 (High Intermediate)	Wednesday	April 5th
Team PB 3.5 (High Intermediate)	Thursday	April 6th
Team PB 2.5 (Novice)	Friday	April 7th

An Eblast with additional information will be coming soon.

Note, you can only enter one league at a time.

Tournaments - Spring Fling is coming.

Our first Club tournament of the year, Spring Fling, is scheduled for April 22. Registration opened on February 21st. Be on the lookout for upcoming Eblasts for further information.





Club Teaching Professionals.

Available Hours. Our Teaching Professionals, Matthew Boyett and Esteban Espada share Court #23 at North Point, Monday through Saturday from 7 am – 10 pm. They also schedule make up sessions for inclement weather days on Sunday. For more information on our pros, their contact information and their rates, click on [Sun City Texas Community Association Private Lessons \(sctexas.org\)](https://www.sctexas.org) or head on out to Court #23, peak through the fence and see these guys in action.

Take Advantage of Our Pros. Many of you have asked me how you can continue to improve your pickleball skill after you have completed our Club training programs. The answer is to contact Esteban or Matthew and take a lesson.

COACH'S CORNER



Matt Boyett

Hello everyone, this is Matthew Boyett back again with another coach's corner. This week we will be covering how to have better placement, let's begin! Let's start at the Non-Volley Zone line. When we are at the Non-Volley Zone, is it important we do not remain square to the net. Our body position needs to pivot based on where the ball is at. If we do this, it will make the swing a natural motion instead of pulling across your body. To do this, just pivot your feet and hips towards the ball when it's cross court and straight ahead when the ball is in front of you (like the player in the gray shirt

below). Now that we have our body position down, let's talk about the swing. To place the ball better, the simpler you can make the swing the easier it will be to place the ball. If you can, think of minimal motion on the swing. For the forehand side, use your wrist as your guide to push towards your target. On the backhand, use the knuckles to guide the shot. The backswing should be short with the focus on the follow through. When you finish, make sure you are finishing towards a target. As you step onto the court, it is important you are intentional about where you are hitting the shot. The next time you step onto the court, pick a target and keep trying to hit in. Again, the simpler you can make your swing the better off you will be. Challenge yourself to grow past "just getting the ball in" and be more intentional about where you hit the ball next time you step on the court.





TOURNAMENT NEWS

Ground Hog Shadow Classic

Men's Singles

Tony Kawashima	3.0	Bronze	60+
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Sweetheart Tournament

Women's Doubles

Jan Geiger & Sammye Klein	3.5	Gold	70 - 74
Jan Geiger & Sammye Klein	3.5	Silver	70 - 74

Men's Doubles

Kobus Pieters & Bob Knowles	3.5	Gold	70 - 74
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Mixed Doubles

Jan Geiger & Bob Knowles	3.5	Gold	70 - 74
Sheila Quinn & Kobus Pieters	3.5	Silver	70 - 74

APP Daytona Beach

Mixed Doubles

Brenda Niemeyer & Andy Biederman	5.0	Gold	60+
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This is an absolutely amazing and deeply moving story of an Aussie woman's bravery with a tiny .22 calibre pistol and ends with a twist!

Those caliber shots are like a mosquito bite to a big croc.

A Darwin woman, Beverly Thompson, 38, has stopped a crocodile attack using a small 22 calibre Ruger pistol. This is a story of self-control and marksmanship by a brave, cool-headed woman with that small pistol against a fierce predator.

Here's her story in her own words: "While walking along the edge of a lake near my house in the Zuccoli Village Estate near Darwin discussing a property settlement with my soon-to-be ex-husband, and other divorce issues, we were surprised by a huge 3.5metre crocodile which suddenly emerged from the murky water. It began charging us with its large jaws wide open. She must have been protecting her nest because she was extremely aggressive. If I had not had my little Ruger .22 calibre pistol with me, I wouldn't be here today!" said Beverly.

"Just one shot to my estranged husband's knee cap was all it took. The croc got him easily, and I was able to escape by just walking away at a brisk pace. The amount I saved in lawyer's fees was really incredible - and his life insurance was also a big bonus!"

2023 SCTPC BOARD MEMBERS AND MANAGERS



Barb Patterson
President



D'Les Longino
Treasurer



Davey Stateler
*Maintenance
Director*



Ron Franke
Vice-President



Ric Hutchinson
*Director of Player
Development*



Peg O'Toole
Secretary



Pete Nadolski
*Communications
Director*

