

Kitchen Talk

Sun City Texas Pickleball Club Newsletter

March

FROM THE PRESIDENT



Hello again! So, our wonderful Austin area climate for the month of February has not been conducive to outdoor Pickleball. We've had rain, drizzle, fog, drizzle, drizzle, more fog AND MORE drizzle, but that has not stopped the Fun and Fitness for many. The courts have been busy, with general play, league play, ladder leagues and even a large group of our members practicing for the upcoming National Senior games....GO SCTPC!!

In addition, our Social Committee Chair, Shaz Douglas, has been busy scheming and planning many fun activities for the club and more to come on this in the future. Kathy Carr and her team of volunteers also coordinated a first ever Paddle Swap and Demo night, not only allowing our club members to test drive new paddles, but to donate used paddles to communities overseas.

And, don't forget, our first 2019 General Meeting is 3/13, so save the date and look for an e-blast with all the details.

Finally, we did incur one accident, due to a fall. So please remember, Safety FIRST and Win the point second!

Ed

**Negative people need drama like oxygen.
Stay positive; it will take their breath away.**



CLUB ANNOUNCEMENTS

TREASURER'S REPORT



The year-end 2018 fund balance was \$6,349. January 2019 revenues are \$5,390, all from new and renewed memberships. Total Expenses are \$761 resulting in a monthly Net Income of \$4,629. The Pickleball Club fund balance as of 31 January 2019 is \$10,978; club membership as of the same date is 539.

SOCIAL COMMITTEE EVENTS



Dinks, Chow and Chat - March 5th, **at Mulligan's** from 3:00 pm - 5:00 pm. Come join your SCTPC friends at the new location!

BYO Dinks & Paddles - Tuesday, March 26th from 6:00 pm - 9:00 pm at the Retreat Courts. Play some pball and socialize at the bleachers with your SCTPC friends!

"Swing into Spring" Tournament and BBQ Dinner - Sunday, April 14th we will be holding our annual "Swing into Spring" Club Tournament and BBQ Dinner. If you'd like to help with breakfast for the tournament, or with the BBQ Dinner that evening (in the Ballroom), please let our Social Chairman, Shaz Douglas, know - shazhas3kids@gmail.com. Info on how to enter the tourney and buy tickets to the dinner is in this newsletter.

SCTPC GENERAL MEETING

First general meeting of 2019 - Wednesday, March 13th @ 1:00 pm - Cowan Creek, Georgetown Room. Come on out and support your club!



FEBRUARY NEW MEMBERS

FIRST NAME	LAST NAME
Mary	Baker
Carol	Birken
Buddy	Burr
Linette	Casey
Jo	Chalgren
Tracy	Fogg
Neil & Mary	Hackett
Joanna	Isherwood
Beverly	Kraska
Richard & Marlene	Leverington

FIRST NAME	LAST NAME
Shelly	Mason
Robert	Price
Claire	Ray
Sandy	Reeves
Ed & Nanette	Rowe
Gayle	Toombs
Richard	Wells
Hugh & Janet	Wilson
Robert	Young

Welcome! We're glad you're here!

WEBSITES AND FACEBOOK PAGES

Click the links below to visit these websites:

[Sun City Texas Pickleball Club Facebook Page](#)

[Sun City Texas Pickleball Club Website](#)

[Greater Austin Pickleball Facebook Page](#)

[Texas Pickleball Facebook Page](#)

[USA Pickleball Association Website](#)

[USAPA Mid-South Region Website](#)

[Pickleball Tournaments - Upcoming Texas Tournaments](#)





CLUB CALENDAR



March 2019

Pre Registration required for Introduction to Pickleball Class, Beginner Mentoring Program, Intermediate Training & Advance training—contact Peg O'Toole at JGMLD@yahoo.com
 Pre Registration required for lessons—contact Matt Laz—text or phone 832-499-9925 or email mattlaz@pickleballkinetics.com
 Pickleball Masters—contact Conley Giles—conleygiles@gmail.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 11 to 12:30 Women Single Ladder League 12:30 to 2:00 Men Single Ladder League Courts 7-10	2
3	4 10 to noon Novice Play courts 9 & 10 5:00 to 9:00 Pickleball Masters Ladder League— courts 7, 8, 9	5 Matt Laz lessons 1:00 to 6:00 Ct 7 1:00—League 2.5 drop in Cts 1-6 3-5 Mulligans PB Dinks, Chew & Chat	6 10 to noon Novice Play courts 9 & 10 1:00—League 3.0 drop in Courts 1-6	7 Matt Laz lessons 1:00 to 6:00 Court 7 1:00—League 3.5 + drop in Courts 1-6	8 8:30 to 4:00 Singles Ladder League Fun Day Tournament Courts 7-10	9 2:00 to 4:00 Introduction to Pickleball - courts 9 & 10
10	11 10 to noon Novice Play courts 9 & 10 5:00 to 9:00 Pickleball Masters Ladder Tourna- ment—cts 7, 8, 9	12 Matt Laz lessons 1:00 to 6:00 Ct 7 5:00 to 9:00 Pickleball Masters Ladder Tourna- ment—cts 7, 8, 9	13 10 to noon Novice Cts 9 & 10 1:00 PB General Meeting—CC Georgetown Rm 5:00 to 9:00 PB Masters Ladder Tour—cts 7, 8, 9	14 Matt Laz lessons 1:00 to 6:00 Court 7	15	16 12:00 to 2:00 Beginner Mentoring - courts 9 & 10 2:00 to 4:00 Introduction to Pickleball -
17	18 10 to noon Novice Play courts 9 & 10	19 Matt Laz lessons 1:00 to 6:00 Court 7	20 10 to noon Novice Play courts 9 & 10	21 Matt Laz lessons 1:00 to 6:00 Court 7	22	23 12:00 to 2:00 Beginner Mentoring - courts 9 & 10
24	25 10 to noon Novice Play courts 9 & 10	26 Matt Laz lessons 1:00 to 6:00 Ct 7 6-9:00 pm BYO Dinks & Paddles @ Retreat courts	27 10 to noon Novice Play courts 9 & 10	28 Matt Laz lessons 1:00 to 6:00 Court 7	29	30 12:00 to 2:00 Beginner Mentoring - courts 9 & 10
31						



SPRING TOURNAMENT & BBQ DINNER

"SWING INTO SPRING" - SUNDAY, APRIL 14th

Join the fun with the Pickleball gang at our "Swing into Spring" Tournament and BBQ Dinner. The tourney will be a same-skill level event with Novice, Intermediate and Advanced teams. Tournament check-in time is 8:30 am on 4/14/19 at the Sun City Courts and play should be completed by early afternoon. Breakfast items for players will be served during the morning. Lunch for players will be provided by Jan Schmidt of the Stacy Group.

Happy hour for the BBQ (catered by Dickey's BBQ) starts at 5:30 pm at the Texas Drive Ballroom. BYOB. Dinner will be served around 6:30 pm. You may participate in both the tournament and the dinner, or just one of the two.

Tournament Registration* will be via email, starting immediately. To enter the tournament, send an email with your name, phone number, and level of play to SCTXpickleball@gmail.com. You do NOT need to enter with a partner; teams will be assigned. If you do not receive a confirmation email (of your entry) within 24 hours, please contact a Tournament Director. **To enter the Advanced Division, players should have a USAPA rating of at least 3.5. Tournament entry deadline is March 14th.** Tournament Directors reserve the right (or may) reclassify players to promote fair play. There is no entry fee for the tournament.

**Must be a member of the Sun City Texas Pickleball Club to play in the tournament, but guests are welcome at dinner.*

Dinner Registration will be online through the SCTEXAS.org website starting on **Friday, March 15th; last day to buy tickets is Thursday, March 28th.** Cost is \$12 per person. The BBQ dinner will be limited to 300 people.

Help Needed - as always, we'd welcome any & all assistance! We need the following "helpers:"

- Coaches for the Novice Teams - contact sctxpickleball@gmail.com
- Tournament Scorekeepers & Check-in people - contact sctxpickleball@gmail.com
- Crew for the tournament breakfast and dinner - contact Sharon Douglas - shazhas3kids@gmail.com

Questions - contact Jerry Fronczak or Barb Patterson, Tournament Directors - sctxpickleball@gmail.com



P-BALL AT GEORGETOWN REC CENTER

Indoor Pickleball at Georgetown Recreation Center has now been expanded to include both "Open Play" and "Tournament Play." Here's the official word from Robert Staton, Recreation Specialist:

Open play is for all skill levels and is included with a recreation center membership or day pass. Open play is expected to be enjoyed by all while improving your skills at the same time. This is also a great time to grow the game by helping new players learn how the game is played.

Tournament play is only open to players that have a tournament rating through the USAPA. Players wanting to participate in tournament play will be verified through the USAPA website by a Georgetown Recreation Center staff member. If you selected to hide your USAPA rating from other USAPA members you will need to adjust it to be available for verification purposes. Once verified, the player's Georgetown Parks and Recreation account will be noted so verification will not be required each week. A daily fee of \$5 Resident; \$8 Nonresident will be charged for each player attending tournament play. The number of tournament players that are registered at 1 p.m. on the Monday prior to the Thursday tournament play will determine the number of pickleball courts that will be set up for tournament play that week. The breakdown will be as follows:

- A minimum of 3 players will be needed in order for tournament play to take place
- 3 to 5 registered players will have one court
- 6 to 9 registered players will have two courts
- 10 or more registered players will have will have three courts

Registration by the Monday deadline is not required. However, planning to register after the deadline may result in a cancellation due to lack of enrollment or a lower number of courts set up for the number of people that actually attend that week. In the event that tournament play is canceled due to lack of enrollment, pre-registered players will be notified of the cancellation and have the option of being registered for the following week, receiving a refund, or having the money credited to your account for future use.

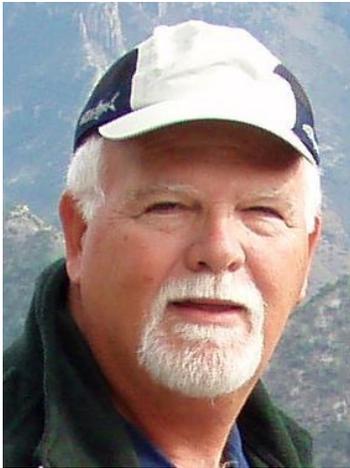
Pickleball play will start at the times listed on the calendar. Please do not plan on starting earlier than the advertised times.

March 2019 Pickleball Schedule Georgetown Recreation Center 1003 North Austin Avenue

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1	2
3 OPEN PLAY PICKLEBALL 12-2 PM	4	5 OPEN PLAY PICKLEBALL 8:30 AM-12:30 PM	6 OPEN PLAY PICKLEBALL 6 PM-8:45 PM	7 OPEN PLAY PICKLEBALL 8:30 AM-12:30 PM	8	9
10 OPEN PLAY PICKLEBALL 12-2 PM	11	12 OPEN PLAY PICKLEBALL 8:30 AM-12:30 PM	13 OPEN PLAY PICKLEBALL 6 PM-8:45 PM	14 OPEN PLAY PICKLEBALL 8:30 AM-12:30 PM *TOURNAMENT PICKLEBALL 1:30 PM-3:00 PM	15	16
17 OPEN PLAY PICKLEBALL 12-2 PM	18	19 OPEN PLAY PICKLEBALL 8:30 AM-12:30 PM	20 OPEN PLAY PICKLEBALL 6 PM-8:45 PM	21 OPEN PLAY PICKLEBALL 8:30 AM-12:30 PM *TOURNAMENT PICKLEBALL 1:30 PM-3:00 PM	22	23
24/31 OPEN PLAY PICKLEBALL 12-2 PM	25	26 OPEN PLAY PICKLEBALL 8:30 AM-12:30 PM	27 OPEN PLAY PICKLEBALL 6 PM-8:45 PM	28 OPEN PLAY PICKLEBALL 8:30 AM-12:30 PM *TOURNAMENT PICKLEBALL 1:30 PM-3:00 PM	29	30



FROM OUR DISTRICT AMBASSADOR



New Rules for 2019

The new 2019 edition of the USAPA/IFP pickleball rule book is out and the new rules went into effect on February 1st. Most of the changes are merely clarifications of existing rules or changes to language to express interpretations and mainly apply to tournament play. Some examples of this

are:

5.A.1. Players winning the starting selection may now choose, Serve, Receive, Side, or Defer to the other player/team. The option to Defer is new.

“5.B.6. The maximum time allowed to switch sides during a game is one minute. **During this time, players may communicate with each other, but no third-party coaching is allowed.**” Coaching is only allowed during timeouts and this ‘break in play’ is NOT an official time out. The previous rule did not address this issue, hence the clarification.

Rule 10.B.4.a. is new. “All issues relating to blood cleanup or control will be considered a referee timeout, unless the injury is intentionally self-inflicted.”

So is “10.D.1. Apparel and equipment adjustments that can be accomplished quickly are allowed between points (e.g., tying shoe laces, cleaning glasses, adjusting hat).”

As well as “10.H.1. A timeout may be called at the start of the second or third game in a two- out-of-three game match.”

One question that no one has asked yet is, What is this IFP thing?” Well...

“The International Federation of Pickleball (IFP), the world governing body of pickleball, was established to perpetuate the development and growth of the sport

throughout the world. The IFP’s goal is to introduce pickleball to all nations so that they may embrace the sport as one of their national sports, and ultimately to achieve official recognition by the International Olympic Committee (IOC) in order to establish pickleball as an Olympic sport.”

Currently the member countries include: United States, Canada, Spain, India, France, England Netherlands, Germany China, Hong Kong, Taipei, Korea, Australia, and Scotland. Our sport really has gone international and there’s even an annual international tournament.



“The Bainbridge Cup: the World Cup of Pickleball”

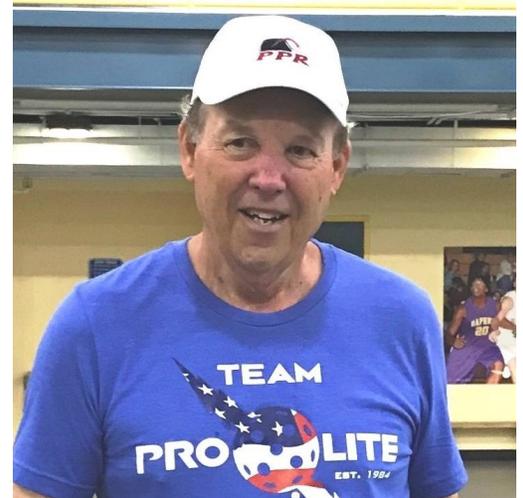
The idea for an intercontinental competition evolved from pickleball’s rapid global growth experienced over the past few years. From 2010 onwards pickleball has extended into countries around the world and official tournaments are now being organized by a wide range of countries in different continents. To organize and drive the sport’s global expansion, the International Federation of Pickleball (IFP) was formed. Soon after forming, the Federation’s member countries demonstrated a growing interest in organized international competition. To meet the growing demand the IFP created the Bainbridge Cup – a world stage to host pickleball’s first intercontinental team event. The inaugural Bainbridge Cup took place in Madrid, Spain in 2017. In 2018, the Bainbridge Cup was held in Montesilvano, Italy. **In 2019, the Bainbridge Cup will be held in Essen, Germany.** Team North America has won each of the first two Cups and must defend the Cup once again in Germany.”



PICKLEBALL IS A GIFT

Sometimes when we realize how wonderful it is that we found the game of pickleball we have to stop and count our blessings and understand that in many ways pickleball really is a gift.

For many who have reached 'the age' or who are fast approaching it, pickleball has been a revitalization. Lost was their hope of every playing anything remotely in the form of a sport again. Yet, there they are returning serves, hitting dink (a word that was not even in their vocabulary) shots and congratulating friends at the net with a renewed enthusiasm for competing.



Sometimes people play in small groups of eight to ten. There are times though these groups will number in the hundreds. Whether big or small, new friends are found. Count how many dear friends you have acquired since you started playing pickleball. Amazing isn't it? Pickleball importantly breeds social opportunities. It's from all of these opportunities that we can look forward to each and every day with guarded optimism that we will not let our partner down or that we will play better than the last time we played pickleball and perhaps, meet a new friend.

Certainly there are some aches and pains. It's all part of being active regardless of what we do at any age. On the flip side, however, just how much fun is it that a grandparent can teach their grandchildren a sport that maybe their own children don't know much about. Its all part of the gift that pickleball gives to us every time we step onto the court. It keeps us going strong.

We all know the look we get when someone comes up to us and asks, "What is pickleball?" From now on we should not be embarrassed to tell them proudly that "Pickleball is a Gift." It's a gift that brings so much joy to our lives and it can do the same for them if they only give it a try.

Bruce Cuddy

[Bruce Cuddy on Facebook](#)

If you lose, be patient.
If you win, stay humble.





TOURNAMENT RESULTS

Cedar Park Valentines Day Tournament



Our very own lovebirds, Mary and Stan Payne, came in second in their division at a Valentines Day Tournament at Cedar Park.



Sun City sweethearts won second place in their division. This is even more special since they're celebrating their 50th wedding anniversary this year! Congrats Davey and Cathy Stater!

Space City Open Tournament - Houston



Congratulations to Chuck Flanagan and Tom Burkhardt for their Gold Medal in 70+ 4.5,4.0 at the Space City Championships this week.



Congrats to Pocket D'Haeseleer and Chris Thomas on their Gold Medal and Chuck Flanagan/Juanita Vincent on their Silver Medal in 70+ Mixed, 4.5 Doubles at the Space City Open.



Big shout out to Kathy Carr and John Carter for their Silver Medal finish in the 65+ 4.0 division at the Space City Open.

Tourney players - please remember to send your photos/results to SCTXpickleball@gmail.com in a timely manner so they can be included in newsletters.



FUN STUFF



Bubba and Fred were fishing and drinking beer and chewing tobacco.

Fred turns to Bubba and says, "I think I'm going to have to divorce my wife."

Bubba says, "Why, she seems like a good lady."

Fred replies, "we had a big argument a while ago, and she hasn't talked to me for two months."

Bubba takes a swig of beer, thinks for a moment and says, " I don't know man, women like that are hard to find."

Submitted by Jim Truho

Lady: *Do you drink beer?*

Man: *Yes.*

Lady: *How many beers a day?*

Man: *Usually about 3.*

Lady: *How much do you pay per beer?*

Man: *\$5 with a tip.*

Lady: *And how long have you been drinking?*

Man: *20 years, I suppose.*

Lady: *So a beer costs \$5 and you have 3 beers a day which puts your spending each month at \$450. In one year, that would be \$5400, correct?*

Man: *Correct.*

Lady: *If in one year you spend \$5400, not accounting for inflation, the past 20 years puts your spending at \$108,000, correct?*

Man: *Correct.*

Lady: *Do you know that if you didn't drink so much beer, that money could have been put in a step-up interest savings account and after accounting for interest for the past 20 years, you could have now bought a Ferrari?*

Man: *Do you drink beer?*

Lady: *No....why?*

Man: *Where's your Ferrari?*



MORE FUN STUFF



Three sisters, ages 92, 94 and 96, live in a house together. One night the 96-year-old draws a bath. She puts her foot in and pauses. She yells to the other sisters, "Was I getting in or out of the bath?"

The 94-year-old yells back, "I don't know. I'll come up and see" ...

She starts up the stairs and pauses, "Was I going up the stairs or down?"

The 92-year-old is sitting at the kitchen table having tea listening to her sisters, she shakes her head and says, "I sure hope I never get that forgetful, knock on wood..."

She then yells, "I'll come up and help both of you as soon as I see who's at the door."

Submitted by Ed Cahill

**If tomatoes are classified as fruit....
Isn't ketchup technically a smoothie?**

2019 SCTPC BOARD MEMBERS AND MANAGERS



Ed Cahill
President



Allie Bower
Treasurer



Barb Patterson
Communications Director



Charles Desa
Vice-President



Peg O'Toole
Director of Training



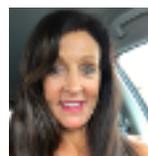
Wayne Schaefer
Ball Machine Coordinator



Judy Blackman
Secretary



Bob Cleaver
Maintenance Dir.



Shaz Douglas
Social Committee Chair