



# ADRN Recommended Survivor Care Kit Content List

## How to put a Care Kit together:

1. Determine if you want to build a Family Care Kit, Family Care Kit with Baby, Individual Male Care Kit and/or Individual Female Care Kit. Go shopping!
2. Get a **plastic container** with a lid so we can easily stack them when we ship them
3. Fill the container with listed items above
4. Place a 12" strip of grey duct tape on the top of your container to label (duct tape is preferred). Write with a Sharpie, Family Care Kit or Family with Baby Care Kit, Individual Male Care Kit, or Individual Female Care Kit
5. Drop your donation off at Hope Family Thrift Store, 1122 East 51st Street, Austin, 78723 (Monday-Saturday, 10AM-5PM, Closed on Sunday)

## Basic Care Kit Contents

- Towel (if family kit, purchase 4)
- Washcloth (if family kit, purchase 4)
- Soap
- Tissue Pack
- Toothbrush (If family kit, purchase 4)
- Toothpaste
- Deodorant (If family kit, purchase 4)
- Feminine Products (family or female version only)
- Shampoo
- Comb (if family kit, purchase 4)
- Blanket (if family kit, purchase 4)
- Pillow (as many as you can fit in if it is a family kit)
- Wipes

## Women's Kit Add-ons

- Lotion
- Pack of Feminine Pads

## Men's Kit Add-ons

- After Shave Lotion

## Kid's Kit Add-ons

- Kid Wipes
- Forehead Temperature strip
- Small Tooth Brush
- Coloring Pack
- Activity Book
- Baby Bottles/Formula
- Diapers
- Baby Food

*\*\*We want to encourage you to add to your kit a note of encouragement for the family or individual (children write wonderful notes!)*