

# SUN CITY PET CLUB NEWSLETTER

## "The Scoop"

August, 2023  
Volume 2, Issue 8  
Membership to date:  
920

### Our Pet Club Dog Trainers

written by Ruth Olsen

Years' ago, there was one lonely Pet Club dog trainer who taught three six-week sessions a year, three classes each session, and all classes outdoors in all types of weather, meeting the needs of approximately 60 dogs a year. Life has changed since 2021; there are now 19 dog trainers offering 11 semesters of classes monthly. Our indoor classes have trained over 290 dogs in the first six months of 2023!

#### Our amazing volunteer trainers are:

Carol Belmont, Nancy Clarno, Susan Cook, Diane Daniel, Dianna Frazen, George Hartz, Micky Hartz, Chickie Holt, David Hubbell, Jen Molineux, Ruth Olsen, Verne Palmer, Claire Peel, Pam Sarantos, and Carol Solesbee.

#### Trainers-in-training are :

Ginny Kennedy, Jeanne Nehls, Paula Wage and Sharon White.

With two or three trainers in each class with either 4 or 6 dogs, our trainers can give individualized assistance in all levels of classes. If you feel the training is too slow or too fast for you and your dog, let us know and we can adapt the class to meet your needs. Often, we are required to remove a dog from the classroom environment and work outdoors, giving that dog one-on-one training to address their personal needs, with the goal being to return to the group inside. Classes take place 11 months a year - we take December off. We don't just train dogs - we train humans, too! We want the handlers to understand their dogs, know how to communicate with their dogs, bond with their dogs and make sure that training is always FUN.

Our trainers do not provide one-on-one training outside the regular class schedule. We do not come to your home and provide private lessons - we are all about group lessons.

The Pet Club is constantly growing and so are the types of classes we offer. Recently we added Rally Obedience and Canine Good Citizen, both of which are very popular. We are currently working on two new classes which will be announced in the next few months and also a totally new amazing **FREE** program for our members!

In addition to group classes, we offer monthly **Educational Seminars** where the humans come without their dogs and ask questions, present problems and learn ways to deal with their dogs. These seminars are held the second Thursday of every month in the morning. Announcements are always sent out to club members, but it is open to any Sun City resident. Invite your neighbors and friends to come to the seminars.

As we grow, we always need more volunteer dog trainers. Our "Train the Trainer" program helps participants learn how to train dogs, how to communicate with handlers to help them understand their dogs better and how to train in a group environment. If you are interested in learning how to become a Pet Club Dog Trainer, contact Ruth at [6pawstraining@gmail.com](mailto:6pawstraining@gmail.com).

So, the next time you are in a class, or see a dog trainer around, thank them for the wonderful job they do, for volunteering their time and expertise and for being part of an amazing group of Pet Club Dog Trainers.

## Here are some comments we've received from class participants:

"My dog is shy and a big part of my taking the classes is to increase her confidence. It's working - slowly! I'll continue taking classes as long as I can."

"The one-on-one training is helping me understand and help my barking dog. It was great, lots of helpful advice."

"I can't think of anything y'all can do better; it is superb information and really helped out. My dog walked and behaved much better right away."

"Great tips and suggestions."

"We'll be back for more!"

"I never realized my dog was afraid of so much; that was why she was barking and lunging at things. Spending time with a trainer helped me to understand how to help my dog feel more comfortable in the human world!"

## Pet Food Delivery to the Georgetown Animal Shelter



The Pet Club delivered 220 LBS of Science Diet dog and cat food to the Georgetown Animal Shelter on 7/15/23. Pictured, Alan Kamen, Shawn Gunnin (GTAS), GTAS Staff.

A big thank you goes out to Wag Heaven Pet Supplies for giving us great pricing to be able to make donations like this.

## Donations to Shelters YTD:

The Pet Club has donated almost \$7,000 in supplies and food to the shelters and sanctuaries we support so far this year.

Our donation budget for 2023 is \$10,000 .



from the book "Wise Dogs," H. Jackson Brown Jr. and Dale C. Spartas

from [dogfoodadvisor.com](http://dogfoodadvisor.com)

## How to Read Dog Food Labels

Link to Article: [The Secret to Reading Dog Food Labels.](http://dogfoodadvisor.com/the-secret-to-reading-dog-food-labels)

Dog food labels at times may be difficult to understand. Above is a link to an article from [dogfoodadvisor.com](http://dogfoodadvisor.com) how to read about and understand dog food labels.

# Sun City Lost Pet Alert System

Sign up to receive the Lost Pet  
Alert to help get a lost pet home  
safe!!

## Instructions To Receive Lost Pet Alerts

1. Sign on to your [SC Website/Resident Page](#)
2. On the left, Click on [My Preferences](#)
3. Scroll down to [EMAIL PREFERENCES](#)
4. Check box for [NRO Lost Pet Alerts](#)
5. Click on [SAVE DATA](#)

## To Report a Lost or Found Pet

Click on the Lost Pet Icon on  
the SC Resident Home page.

Follow the instructions to fill  
out the Form for either a  
Lost Pet or a Found Pet.



# Important Notice!!

## Central Texas Veterinary Specialty & Emergency Hospital

301 Chisholm Trail, Round Rock

Contact: 512-961-5200

**IS NO LONGER A 24-HOUR VET**

**New Hours of Operation**

**Effective July 10, 2023**

### Specialty Care:

Monday - Friday, 8:00 AM to 6:00 PM

Saturday 8:00 AM to 12:00 PM

### Emergency Care:

OPEN: Monday at 7:00 AM to Thursday at 7:00 AM

CLOSED: Thursday 7:00 AM through Sunday

Go to [www.ctvsh.com](http://www.ctvsh.com) to find out more information.

## Two additional 24-HOUR Emergency Care Centers in our area:

### Heart of Texas Veterinary Specialty Center

115 E. Old Settlers Blvd., Round Rock Hours: Open 24 hours a day

Contact: 512-744-4644 <https://www.thrivepetcare.com/locations/texas/round-rock/heart-of-texas-veterinary-specialty-center>

### Emergency Animal Hospital of Crystal Falls

10804 E. Crystal Falls Parkway, Leander Hours: Open 24 hours a day

Contact: 512-817-3474 [eahofcrystalfalls.com](http://eahofcrystalfalls.com)

**Keep all three emergency contacts where you can  
access them quickly when you need it.**

**Before speeding to a care center, call first to  
ensure they are available!**

# Pet Re-Homing Policy Reminder

The Pet Club gladly provides re-homing assistance to

Pet Club Members ONLY and their personal pet.

We will no longer advertise pets from shelters, sanctuaries or for members who are fostering a pet.

This also applies to anyone seeking a new pet. We will gladly put that request on our Newsletter Bulletin Board for Pet Club Members only.

While we would like to help everyone, we are all volunteers. As a club, our primary responsibility is to our members.

Thank you,

Alan Kamen  
President SC Pet Club

# Car Heat Warning

## Protecting Pets from CAR HEAT DANGERS

Elapsed Time (Minutes)	Outside Air Temperature (F)					
	70	75	80	85	90	95
Inside Closed Car Air Temperature (F)						
0	70	75	80	85	90	95
10	89	94	99	104	109	114
20	99	104	109	114	119	124
30	104	109	114	119	124	129
40	108	113	118	123	128	133
50	111	116	121	126	131	136
60	113	118	123	128	133	138
More Than 1 Hour	115	120	125	130	135	140

Courtesy Jan Null, OCM; Department of Geosciences, San Francisco State University

- Never leave an animal in a parked vehicle, even for a few minutes.
- The temperature in a parked car may hit 120 degrees within minutes, so just a 10-minute stop may be dangerous.
- Opening the windows a few inches doesn't provide enough cooling.
- If you're running errands, leave your pet at home.
- If traveling, make your pit stops at places where your pet can get out of the vehicle.



# Asphalt Heat Warning for your Pets

## > PROTECT YOUR DOG'S PAWS

**WEATHER  
AUTHORITY**

AIR TEMP	CONCRETE	ASPHALT
80°	95°	115°
85°	105°	130°
90°	125°	140°
95°	140°	155°

7 SECOND RULE - PLACE HAND ON THE SURFACE  
TOO HOT FOR YOUR HAND, TOO HOT FOR YOUR HOUND





# Dog Education Series

## Open to All Sun City Residents

Presented by Ruth Olsen of the Pet Club

The purpose of this monthly series is to discuss topics that are not covered in dog training classes. **Come without your dog**, but bring questions, issues, or problems you are dealing with. Topics vary monthly depending on the attendees.

A \$5 donation for each class is suggested for up to  
2 people per household to attend.  
Pay at the seminar.

**Q&A** - For issues with dogs 1 year and older. Got a problem? Get a solution! Topics often include proper leash walking, jumping, barking, licking, crates, digging, and many more.

**Puppy** - Same as Q&A but focused on issues with dogs under 1 year old or someone thinking about getting a new dog of any age.

Date	Location	Q&A	Puppy
Aug 7	Mesquite Room, The Oaks	9:30-10:30	10:45-11:45
Sept 14	Mesquite Room, The Oaks	9:30-10:30	10:45-11:45
Oct 12	Mesquite Room, The Oaks	9:30-10:30	10:45-11:45
Nov 9	Mesquite Room, The Oaks	9:30-10:30	10:45-11:45

If you need more information, contact Ruth Olsen, Pet Club Lead Dog Trainer  
[6pawstraining@gmail.com](mailto:6pawstraining@gmail.com) or 512 639 1771



## What's on It?

## Resources:

**Pet Sitters, Groomers,  
Vets, 24-hour Vets,  
Shelters, Euthanasia Services,  
Agility Groups, Kennels, Rescue  
Organizations, Got Skunked?,  
Snake Avoidance, Trainers.....**

## Pet Partners Therapy Dog Information

## Dog Training:

## Virtual Dog Training, Monthly Training Information, Dog Class Descriptions.

## Newsletters

## Custom Pet Portraits and Art

## Emergency Pet Information

....and more!

## Pet Club Activities

Look for days and times in our newsletters and email blasts

[illegible]

## Jan.: Pet Club Open House

**Jan.: C.A. Club Fair**

**March, May, Sept.: General Meetings with a Guest Speaker**

**April, June, Sept.: Snake Avoidance**

## Oct.: Blessing of the Animals

## Oct.: Members' Lunch Social

**Nov.: Volunteer Appreciation Lunch New!**

## Dec.: Salvation Army Bell Ringing

## Dog Training Classes

## Rally O Classes **New!**

## AKC Canine Good Citizen Program **New!**

## Fear-Based Leash Reactivity Training **New!**

## Dog Q&A and Puppy Seminars

## Pet Partners Therapy Dog Workshops and Evaluations

## Canine Companions Service Dog Puppy Sitters and Puppy Raisers Assistance **New!**

## New Resident Orientation/Club Fairs

## Shelters and Organizations the Pet Club Supports

**Williamson County Regional Animal Shelter**  
[wcras@wilco.org](mailto:wcras@wilco.org)      [pets.wilco.org](http://pets.wilco.org)

**Georgetown Animal Shelter**  
[animalsvc@georgetown.org](mailto:animalsvc@georgetown.org)  
[pets.georgetown.org](http://pets.georgetown.org)

**Living Grace Canine Ranch**  
[karen@livinggracecanineranch.org](mailto:karen@livinggracecanineranch.org)

**Harley's Angels**  
[harleysangelssanctuary@yahoo.com](mailto:harleysangelssanctuary@yahoo.com)

**Texas Humane Heroes**  
[info@txhh.org](mailto:info@txhh.org)

**All Things Wild**  
[allthingswildrehab@gmail.com](mailto:allthingswildrehab@gmail.com)

**Austin Siamese Rescue**  
[loveasiamese@gmail.com](mailto:loveasiamese@gmail.com)

**R.O.C.K.**  
[karah@rockride.org](mailto:karah@rockride.org)

**Georgetown Animal Outreach**  
[txcodigirl@gmail.com](mailto:txcodigirl@gmail.com)

**Pet Partners**  
[petpartners.org](http://petpartners.org)

**Canine Companions**  
[canine.org](http://canine.org)

## Club Dates to Save:

**Aug. 7:** Dog Education Series

**Aug. 17:** New Resident Club Fair

**Sept. 20:** General Meeting Guest Speaker:

Sheri Soltes, Service Dogs Inc.,  
(Training shelter dogs to be Service Dogs)

**Sept. 23:** Snake Avoidance

**Oct. 3:** Blessing of the Animals

**Oct. 9:** Club Lunch Social

**Nov. 10:** Volunteer Appreciation Lunch

**Nov. 16:** New Resident Club Fair

## Bulletin Board

To post a pet related ad  
on the Bulletin Board,

Contact Alan Kamen at  
[alankamen5253@icloud.com](mailto:alankamen5253@icloud.com)

# Wanted: Dog Trainers

The Pet Club is adding new dog training classes, and we could use more trainers to be able to expand our training program for our 900+ members.

The Pet Club is offering a new  
"Become a Dog Trainer" Class in the Fall.

To find out more about becoming a Pet Club Dog Trainer and joining this great team, contact Ruth Olsen at 512-639-1771.

# Cat Corner

information provided by Karyn Beavers

## Human Foods That Could Be Deadly to Cats:

If you're a cat lover, you've probably given your pet at least one human food treat. After all, cats love to eat just about anything, right? Well, not exactly. Some human foods are toxic to cats. The following are the most harmful human foods for cats and why.

### **Citrus Foods**

These fruits can cause vomiting and diarrhea in cats. If ingested in large quantities, citrus fruits can cause nervous system problems such as seizures.

### **Raw Seafood**

Raw seafood, especially raw fish, can contain bacteria that cause food poisoning and even death. It's also possible for cats to get a parasitic infection called anisakiasis if they ingest raw fish or squid. Anisakiasis can be harmful without treatment.

### **Nuts**

Many nuts, including almonds and walnuts, are toxic to cats. Ingesting even a small amount can cause vomiting, diarrhea, and pancreatitis.

### **Alcohol**

Alcohol is toxic to cats and can cause liver damage, coma, and even death. So the next time you have a party, make sure your cat stays away from the booze to avoid getting you into the temptation of giving it a sip.

### **Garlic and Onions**

These vegetables can cause liver damage and anemia in cats. Ingesting them even in small amounts can be harmful.

### **Candy and Gum**

Xylitol is a common sweetener in gum and candy. Although it's not toxic to humans, ingesting even a small amount of xylitol can cause the cat's blood sugar levels to drop and lead them into a coma or death if untreated.

### **Dairy Products**

Cats are not meant to eat dairy products because they are carnivores. In addition, adult cats are lactose intolerant because they do not have the enzyme necessary to break down the dairy sugars (lactose) in milk. Ingesting too much lactose can cause diarrhea, vomiting, and even dehydration.

### **Raw Eggs**

Raw eggs contain a protein called avidin, which binds to biotin and makes it unavailable to the cat. This can lead to skin problems, hair loss, and even seizures.

### **Chocolate**

Chocolate contains a compound called theobromine, which is toxic to cats. Ingesting large amounts of chocolate can lead to vomiting, diarrhea, heart problems, and seizures.

### **Raisins and Grapes**

Raisins and grapes can cause kidney failure in cats. Ingesting even a small amount can be harmful. So, the next time your cat begs for a bite of your sandwich or an ice cream cone, remember that these human foods are poisonous to cats.

### **Caffeine**

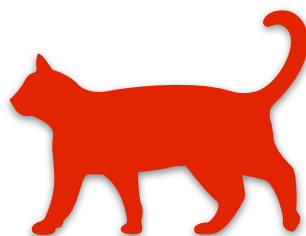
Caffeine can cause nervousness, vomiting, diarrhea, and even death in cats. So the next time you want to share your coffee with your cat or offer a caffeinated drink like tea or soda pop instead of water, it's best not to give them one since caffeine is considered toxic for cats.

### **Bones from Fish, Poultry, or other Meat Sources**

Bones from fish and poultry can splinter inside the cat's digestive system. This causes internal bleeding and even death if untreated. It is never safe for cats to eat any bone.

Source: [https://lifesettled.com/dont-give-these-human-foods-to-cats/?search\\_term=cat+litter+discount&utm\\_source=facebook&utm\\_medium=%7B%7Bplacement%7D%7D&utm\\_campaign=%7B%7Bcampaign.id%7D%7D&utm\\_content=fb-%7B%7Bbadset.id%7D%7D](https://lifesettled.com/dont-give-these-human-foods-to-cats/?search_term=cat+litter+discount&utm_source=facebook&utm_medium=%7B%7Bplacement%7D%7D&utm_campaign=%7B%7Bcampaign.id%7D%7D&utm_content=fb-%7B%7Bbadset.id%7D%7D)

search\_term=cat+litter+discount&utm\_source=facebook&utm\_medium=%7B%7Bplacement%7D%7D&utm\_campaign=%7B%7Bcampaign.id%7D%7D&utm\_content=fb-%7B%7Bbadset.id%7D%7D





Just trying to  
keep cool!

